

NAVAL AIR STATION

FORT WORTH

Joint Reserve Base and DFW Metroplex Military Units



2019 BASE GUIDE

www.cnmc.navy.mil/fortworth

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HISTORY



NAVAL AIR STATION FORT WORTH JOINT RESERVE BASE HISTORY

Naval Air Station Fort Worth Joint Reserve Base was first known as Tarrant Field Air-drome until World War I when it became Fort Worth Army Air Field in January 1942, following the attack on Pearl Harbor. The site adjacent to the field was selected in 1941 as a Consolidated Aircraft Factory, later known as "Air Force Plant 4" for the production of B-24 Liberator, B-32 Dominator, B-36 Peacemaker, B-58 Hustler, F-111 Aardvark, F-16 Fighting Falcon, and F-22 Raptor; that site is now operated by Lockheed Martin Aeronautics which is manufacturing the F-35 Lightning II.

In 1948, it was renamed Carswell Air Force Base after Medal of Honor Recipient and Texan Maj. Horace S. Carswell Jr. Throughout the years, the base's overall mission changed as the aircraft factory rolled out new models. After World War II, the base became one of

the few newly formed Strategic Air Command bases. The base also saw its bomb wings transition through a number of bombers, such as the B-36 Peacemaker, B-52 Stratofortress and the B-58 Hustler.

As part of the Defense Base Closure and Realignment Act of 1990 during Round II Base Closure Commission deliberations, Carswell Air Force Base was recommended for closure. The base ceased operations on September 30, 1993, and was transferred to the Air Force Base Conversion Agency (AFBCA) for property distribution and reuse. On October 1, 1993, the Air Force Reserve 301st Fighter Wing assumed base responsibilities, establishing Carswell as an Air Reserve Base.

The base was later realigned and renamed Naval Air Station Fort Worth Joint Reserve Base (Carswell Field) on October 1, 1994 when the U.S. Navy assumed control of the property. The approximately 2,300-acre

base is the result of the DoD's 1993 BRAC recommendation to relocate NAS Dallas and its tenant commands to the former Carswell AFB. The DoD also relocated other Navy Reserve, Marine Corps, Army, Air Force and Air National Guard commands to the facility. Under the operational command of the Commander, Naval Installations Command, NAS Fort Worth JRB is a joint defense facility which plays a pivotal role in the training and equipping of air crews and aviation ground support personnel.

The installation is located within the city limits of Fort Worth, Texas. Fort Worth is part of the Dallas Fort Worth Metroplex, the largest metropolitan area in Texas. Fort Worth is the fifth-largest city in the state of Texas and the 16th-largest in the United States. The city is also large in geographic area, covering almost 300 square miles. NAS Fort Worth JRB is seven miles north/northwest of downtown Fort Worth.



ARRIVAL



ARRIVAL

FROM DALLAS/FORT WORTH INTERNATIONAL AIRPORT

Exit the airport from the south exit. Take ramp onto 183 West toward Fort Worth then go 10.7 miles. Continue onto Interstate 820 South for 0.7 miles. Take the left fork onto 121 South toward downtown Fort Worth; go 7.1 miles. Take the Interstate 35 West (south) left exit toward Waco; go 0.7 mile. Take exit 51 onto Interstate 30 West toward Abilene then go 7.6 miles. Take exit 7B TX-341-Spur TX-183 West and go 0.4 mile. Continue on Alta Mere Drive; go 1.7 miles. Bear right immediately after the Quick Trip (QT) gas station and continue on Pumphrey Drive toward the Main Gate.

DRIVING DIRECTIONS FROM INTERSTATE 30 EAST AND WEST

Take exit 7B off Interstate 30 onto Route 183N. Follow 183N for about 2 miles. Follow the NAS JRB sign around the circle to the main gate after passing through the intersection of 183 and Roaring Springs Road. There is a QT gas station on the corner of this intersection.

FROM INTERSTATE 20 EAST AND WEST

Take Exit 431 onto Route 183W. Follow 183 for 7 miles. Follow the NAS JRB sign around the circle to the main gate after passing through the intersection of 183 and Roaring Springs Road. There is a QT gas station on the corner of this intersection.

Visitors without a DoD ID card are required to stop at the Visitor Control Center before entering the installation. The VCC is directly to the right of the Main Gate on Pumphrey Drive.

SPONSORSHIP

NAS Fort Worth JRB is made up of approximately 40 separate commands. Please contact

the gaining command to inquire about their sponsorship and indoctrination program as each service's policy may be different and may be subject to change without notice. Many commands may also have a welcome aboard package or a PCS check-in sheet. For additional information on sponsorship, contact the Fleet & Family Support Center at 817-782-5355 or DSN 312-739-5355.

First Termers and those flying into Dallas/Fort Worth International Airport should make arrangements to meet a sponsor at the airport or request information on alternative modes of travel to the base.

REPORTING PROCEDURES

All new arrivals to the base should report to their unit of assignment for new arrival check-in instructions. If unsure where to check-in for the gaining command and arriving during normal working hours, report to the Quarterdeck in Building 1510 Chennault Ave., 817-782-7152. After hours, contact the Command Duty Officer at 817-825-4079.

TELEPHONE DIRECTORY

Call the automated telephone directory at 817-782-5000 to be connected to any service at NAS Fort Worth JRB.

CELL PHONE USE

Cell phone use by the driver of a moving motor vehicle is prohibited on all Department of Defense installations, unless the cell phone is used with a hands-free device.

Service members on Official PCS Orders to NAS Fort Worth JRB receive priority for temporary housing accommodations. Please contact Navy Gateway Inns & Suites to make lodging reservations prior to arrival. The reservations number is 817-782-5483 or DSN 312-739-5483. Military members checking aboard during normal working hours need to report to the gaining Command's Administration Office. If checking aboard after normal working hours, contact the gaining Command's Duty Officer or the NAS Fort Worth JRB Command Duty Officer at 817-825-4079.

Military members who get married before or during a PCS must inform the gaining command to ensure new spouses are sponsored and authorized concurrent travel.

The base operates on a Monday through Friday schedule. During drill weekends, Reservists receive priority for billeting onboard NAS Fort Worth. Billeting is usually more available during the week on a Space-A basis. Military members who have received PCS orders and are relocating with their family can make a reservation for temporary lodging at the Navy Gateway Inn & Suites Office by calling 817-782-5483, DSN 312-739-5483, or 1-800-NAVY-INN. NAS Fort Worth JRB also has a Navy Lodge on board. To check on room availability or make a reservation, call 817-569-1700.

TEMPORARY HOUSING NAVY GATEWAY INNS & SUITES

1324 Military Parkway
Fort Worth, TX 76127
817-782-5483

NAVY LODGE FORT WORTH

3350 Meandering Road
Fort Worth, TX 76127
817-569-1700
www.navy-lodge.com

Navy Lodge Fort Worth is located close to the Commissary, the Exchange, Child Care Center

IMPORTANT DOCUMENTS TO CARRY FOR IN-PROCESSING

- At least 10 copies of your orders
- Birth certificates
- Marriage license
- Copy of advanced pay or allowance paperwork
- All moving paperwork including TMO information, Self-Move paperwork and all receipts associated with moving
- Employment records or resume of civilian family members
- Medical/dental records of your entire family from your previous duty station
- Immunization records for all children and active-duty members
- School records/transcripts for children and adults

and more. Amenities include cable/satellite TV, flat-screen televisions, Wi-Fi, kitchenettes, microwave ovens, hairdryers, workspaces, picnic areas, 24-hour front desk service, and pet-friendly rooms.





GETTING SETTLED



GOVERNMENT HOUSING HOUSING SERVICE CENTER

1330 Military Parkway
Fort Worth, TX 76127
817-386-5207
NAS Fort Worth JRB Homes
On-base Family Housing
www.nasjrbfortworthhomes.com

8 a.m.-5 p.m. Monday through Friday

NAS Fort Worth JRB Homes is professionally managed by Balfour Beatty Communities, with a community of 83 homes in single-family and townhome styles. Residents enjoy a secure and comfortable hometown environment with the convenience of 24-hour maintenance, lawn care services and community events. The spacious homes are equipped with a variety of attractive features such as central heating and air conditioning, fenced back yards, fully equipped kitchens and carports. Average monthly utilities are included in the monthly rent, allowing residents to maximize the value of their rental dollars.

OFF-BASE HOUSING

Service members interested in residing off-base through the Rental Partnership Program can get assistance from the Family Housing Team. Please visit the Housing Service Center located at Building 1330 Military Parkway or call 817-782-5711/5777 or DSN 312-739-5711/5777.

UNACCOMPANIED PERSONNEL HOUSING

Bldg. 1568
817-782-3388/1568
312-739-3388/1568

8 a.m.-4:30 p.m. Monday through Friday
(closed on holidays)

*After hours check-in will report to the Navy Gateway Inn and Suites at Bldg. 1324.

Unaccompanied Housing (UH) is government-owned and operated and consists of four facilities with a total 347 beds. Accommodations are one person to a room based on pay grade and square footage. Common areas

are equipped with televisions, video games, Internet access and vending machines. In general, all shore duty personnel to include 100 percent of E-4 and below will reside in the permanent party UH. More senior personnel are expected to reside in the local community.

The complex is conveniently located near the center of the base just off Military Parkway allowing immediate access to the dining facility, gym and fitness center, and the bowling alley. The complex is also a short walk to the Exchange, Commissary, Exchange food court, the library and the chapel.

MAIL U.S. POST OFFICE

Bldg. 1501
Fort Worth, TX 76127
817-732-2635

9 a.m.-noon and 1-3 p.m. Monday through Friday

MILITARY POST OFFICE

Bldg. 1501
Fort Worth, TX 76127
817-782-6387
9-11 a.m. to 1-3 p.m. Monday through
Wednesday
9-11 a.m. Thursday-Friday (pick up and drop off)
Service members may temporarily forward personal mail to the command/squadron/unit they are transferring to. A sponsor should be able to provide the permanent address. Upon checking into the new command/squadron/unit here, service members mailing address needs to be updated to a P.O. Box at the U.S. Post Office on the installation or to the new address if living off base.

MEDICAL

NAVAL BRANCH HEALTH CLINIC FORT WORTH

Bldg. 1711
Main Clinic Number: 817-782-5900
Clinic Front Desk: 817-782-5909
Chief of the Day: 817-807-7314

Clinic Appointments

Nurse Advice Line: 877-NAVYMED Option #3
Physical Exams: 817-782-5962
Dental: 817-782-5905
Managed Care: 817-782-5963/5915

Clinic Hours

7:30 a.m.-4:30 p.m. Monday through Friday
Closed Federal Holidays

Naval Branch Health Clinic Fort Worth is an active-duty only clinic onboard NAS Fort Worth JRB. In addition to Primary Care services, it provides Dental, Occupational Health, and Pharmacy services.

THERE IS NO EMERGENCY ROOM ONBOARD NAS FORT WORTH JRB. In case of an emergency, please proceed to the nearest emergency room or call 911

Services provided:

Primary Care is available to active duty, line of duty, and Reserve or National Guard members on orders over 30 days.

Dental is available to active duty service members and Reserve or guard members on orders over 30 days.

For Pharmacy service, please refer to <https://www.tricare.mil> for questions on eligibility.

To obtain specialty care, service members need to see their clinic provider who will submit a referral. After the referral is entered, report to Managed Care to ensure the referral is processed properly with an off-base Tricare Prime network provider.

The Nurse Advice Line is available 24 hours a day, 7 days a week. Nurse Advice Line registered nurses ask a series of questions about a caller's specific health concern and advise the caller on when and how to seek care for an urgent problem or give instruction on self-care at home.

Relay Health is a secure online service through which healthcare providers and patients can securely communicate about healthcare matters. Through Relay Health, service members can consult their doctor about specific health symptoms, request a prescription refill, request appointments, receive lab or test results, and access health education information depending on the types of Relay Health services the provider offers.

Use the following link to register with Relay Health: <http://www.relayhealth.com/patients>

(Service members have to register and be accepted as a patient by the clinic).

PETS

VETERINARY CLINIC

Bldg. 1739
Fort Worth, TX 76127
325-696-3366

Open one day per month. Call to schedule an appointment

Call the clinic for health certificates, vaccinations requirements, FAVN tests for overseas requirements, and minor medical issues. Proof of a heartworm test done within the last year is required to purchase heartworm preventatives. Services for dogs include distemper/Parvo Combo, rabies vaccination and heartworm tests. Cats can get annual distemper and rabies shots. There are no kennels on NAS Fort Worth JRB.

The following kennels are close to the installation:

Animal America Inc.817-731-1494
Ridglea Animal Hospital817-738-2186
Ridgmar Animal Hospital817-246-2431

Cats and dogs on base must be licensed and receive vaccinations annually. Single tag licenses can be obtained from participating veterinary clinics.





SERVING YOU



FAMILY CENTERS

FLEET AND FAMILY SUPPORT CENTER (FFSC)

3175 Vandenberg Ave.

Fort Worth, TX 76127

817-782-5287

8 a.m.-4 p.m. Monday through Friday

FFSC Programs and Services

The FFSC should be one of the first stops upon arrival. It is a key resource on the installation and a gateway to accessing all of the resources available to service members and their families.

The FFSC has three major components:

- Counseling and Family Advocacy,
- Sexual Assault Prevention and Response, and
- Work and Family Life programs.

The overall installation family support system, is a network of agencies, programs, services, partnerships and individuals that support personal and family life readiness, as well as mobilization and deployment readiness.

Counseling and Family Advocacy

A major pillar of FFSC's mandate is providing counseling, consultation and assessments to help with stress, anxiety, deployment and relationship conflicts. The Family Advocacy Program offers awareness and prevention programs, risk assessments, victim advocacy and intervention for incidents of domestic abuse and child abuse/neglect.

Sexual Assault Prevention and Response (SAPR)

The second major pillar of the FFSC is the SAPR program. The SAPR program conducts education and awareness, trains uniformed victim advocates, and offers 24/7 support and assistance. The Safe Help Line is (877) 995-5247.

Work and Family Life (WFL) Program

The final significant pillar of the FFSC is the WFL program. This program offers an array of education and awareness classes for military members and their families to assist in a variety of areas. Some include:

Transition Assistance Program

Leaving the Navy may involve a total lifestyle change. The FFSC hosts the U.S. Department of Labor-sponsored Transition Assistance Program (TAP) Employment Workshop for separating military members planning to leave the service or retire. Known as Transition — Goals, Plans and Success (T-GPS), these information-packed workshops are designed to provide service members with the skills and knowledge necessary to plan and execute a successful transition. The Department of Veterans Affairs (VA) presentation on VA benefits is also included.

Personal Financial Management

A program to assist service members in developing a personal and/or family financial management plan. The FFSC's trained personal financial fitness staff can help service members analyze their finances. Military and family members can learn more about setting priorities, creating budgets, debt liquidation, Thrift Savings Plan, consumer and credit

issues, and predatory lending. The FFSC will help service members set a course for financial independence and guide them through their journey of becoming a Wealthy Warrior. The FFSC staff is a centralized training source for command financial specialists.

Employment Assistance

The training, information, and personalized career coaching will help service members identify and reach employment and career development goals, manage the challenges associated with a mobile lifestyle and develop job search skills. Employment assistance professionals can assist with a wide variety of family employment issues.

Life Skills Classes

FFSC offers proactive workshops to enhance and assist with balancing personal and professional lives. This program provides service members with information and education about a variety of life cycle issues, including parenting and relationships to help strengthen personal relationships.

Information and Referral

An integral function of the family center, information and referral services can assist in locating needed services and programs available on the installation, through civilian agencies in the local community, and via national resources.

Ombudsman

The morale, health, welfare and efficiency of command personnel are the responsibility of the Commanding Officer. The Command Ombudsman acts as a liaison between the command and its families. The FFSC's

highly-trained Ombudsmen Coordinator helps Ombudsmen with understanding their duties. The Ombudsman Coordinator provides information to assist Ombudsmen in helping spouses and families meet the unique challenges of a military lifestyle.

The Fleet and Family Support Center may also provide other services such as New Parent Support, Exceptional Family Member information, Individual Deployment Support services, Relocation Program information and assistance and some limited services for military retirees.

EMERGENCY MANAGEMENT

Newly assigned personnel should read their facility Emergency Action Plan (EAP) for information on how to respond to the various hazards the installation may experience.

Notifications of a hazard that is occurring or about to occur are published through AtHoc, and may be announced over Giant Voice (outdoor warning system).

Personnel should self-service register their personal devices in AtHoc so that they may receive text messages and e-mail notifications of hazards that may or are affecting the installation. To self-service register devices, click the up arrow on the system task tray, right click on the purple globe with a satellite orbiting — then select "Access Self Service"

The greatest hazard for NAS Fort Worth JRB is destructive weather in the form of severe thunderstorm products (lightning, high winds, flooding, large diameter hail, and tornados). The Dallas Fort Worth metroplex uses a siren system (outdoor warning system) to warn of a tornado. When the siren sounds, go indoors

and tune to local broadcast media — if severe weather is the threat, go to the innermost room or hallway on the lowest floor, stay away from windows.

During snow and ice storms, delayed reporting or installation closures will be posted on the installation's social media sites and local broadcast media web sites:

- NAS Fort Worth JRB Facebook:
<http://www.facebook.com/NASFortWorthJRB>
- NAS Fort Worth JRB Twitter Feed:
[@NASFortWorthJRB](https://twitter.com/NASFortWorthJRB)
- KDFW Channel 4 (FOX):
www.myfoxdfw.com
- KXAS Channel 5 (NBC):
www.nbcdfw.com
- WFAA Channel 8 (ABC):
www.wfaa.com
- KVTU Channel 11 (CBS):
<https://dfw.cbslocal.com>

The Navy emphasizes: Be informed, make a plan, build a kit!

More information is available at www.ready.navy.mil or www.ready.gov

NAVY-MARINE CORPS RELIEF SOCIETY

1515 Chennault
Fort Worth, Texas 76127
817-782-6000

www.nmcrs.org

After hours, call the American Red Cross at 877-272-7337.

Who we serve:

- Active duty and retired Navy and Marine Corps personnel and their eligible family members.
- Eligible family members of Navy and Marine Corps personnel who died on active duty or in a retired status.
- Reservists on extended active duty for 30 days or more.
- Discharged veterans who served in Iraq or Afghanistan since 2001 are eligible for CCA Visiting Nurse Program.

What we offer:

- Interest-free loans and grants for emergency and unexpected financial needs.
- Budget counseling and financial education to help you create and manage a monthly budget and save for future expenses.
- Free in-home visits by a registered nurse to veterans and their family members who have been affected by combat service.
- Budget for Baby workshops to help expectant parents prepare for the arrival of a new family member. Attendees receive a free Baby Care gift card for baby items.



- No-Interest Quick Assist Loans (up to \$500) are available to active duty Sailors and Marines to meet financial needs.

In an emergency, we provide assistance for:

- Food, rent and utilities
- Transportation expenses
- Essential vehicle repairs
- Medical and dental co-pays
- Disaster relief assistance
- Funeral expenses

LEGAL SERVICES

REGION LEGAL SERVICE OFFICE SOUTHEAST, BRANCH OFFICE FORT WORTH

Bldg. 1515

1515 Chennault Ave.

Fort Worth, TX 76127

817-782-6007

8-11:30 a.m. and 1-4 p.m. Monday through Thursday

8-11:30 a.m. and 1-3 p.m. Friday

The office provides powers of attorney, notary, and legal assistance to area service members and retirees and their dependents of all branches. Reservists generally are not eligible for legal assistance, unless they are on active duty orders for 29 days or more OR have recently returned from deployment. Reservists should contact the office directly to determine eligibility.

Walk-in Services:

Notary

Powers of Attorney

By Appointment only:

Consumer protection

Deployment readiness

Family law

Military benefits

Service Members Civil Relief Act

Estate planning

PUBLIC AFFAIRS

Bldg. 1510

817-782-7815

https://www.cnic.navy.mil/regions/cnrse/installations/nas_jrb_fort_worth.html

<https://www.facebook.com/NASFortWorthJRB/>

The NAS Fort Worth JRB Public Affairs office is the official point of contact between NAS Fort Worth JRB and the local community. The PA office works with the local, national and international news media, arranges tours, public speaking engagements, special events and provides photography support.

Photography support:

The Navy Photo Lab is for official Navy use and by appointment only.



Photo Lab hours

Official portraits

9-10:40 a.m. Tuesdays

Full-length official photo hours

9-10:40 a.m. Thursdays

Please call 817-782-7815 to make an appointment.

For other military branches:

- 301st Fighter Wing photo lab:
817-782-7170
- Texas Air National Guard photo lab:
817-852-3344
- Marine Corps photo lab:
817-782-6779
- Army photo lab:
580-442-8721

INSPECTOR GENERAL REPRESENTATIVE (NRSE)

Bldg. 1510 Rm. 108

817-782-3094

The primary function of the Inspector General Representative (IGR) is to provide inspection and other IG related support to the Commanding Officer and assigned personnel. The IGR also provides guidance to personnel wishing to file IG Hotline complaints regarding fraud, waste, abuse, mismanagement, and other areas within the purview of the Navy Inspector General.

RELIGION

NAS Fort Worth JRB Chapel Taylor Memorial Chapel

1838 Desert Storm Road

Fort Worth, TX 76127

817-782-5665

Duty Phone 817-825-6465 (available 24/7)

7:30 a.m.- 4 p.m., Monday through Friday

The chapel staff provides a variety of programs for all faiths and age groups, including worship services, religious education, counseling, marriage enrichment, family and personal development and more. Call the chapel for chaplain assistance or for questions regarding chapel use, such as for weddings, memorials, retirements, etc.

Sunday Services:

8:15 a.m. — Catholic confession

9 a.m. — Catholic Mass

9:30 a.m. — Protestant Bible study

11 a.m. — Protestant worship

Other Services:

Mass — First Friday of every month as well as other Holy Days of Obligation

Protestant Women's Bible study, 10:30 a.m. Tuesday

Protestant Bible study, noon Wednesday

Protestant Men's Bible study, 9 a.m. third Saturday of every month

CHILD & YOUTH PROGRAMS Child Development Center

Bldg. 3320
817-782-7520

5:30 a.m.-6:30 p.m. Monday through Friday

The Navy Child and Youth Programs (CYP) provide developmental child care and youth recreational programs and services for eligible children and youth ages 4 weeks to 18 years of age. Programs and services are specifically designed and operated to meet the unique needs of the military youth. Facilities include the CDC (Child Development Center) and SAC (School Age Care Center for Youth and Teens).

Programs include full-day care, hourly and drop-in care. There is a waiting list for most programs. Contact the CDC for updated wait times. Fees for care are based on total family income and are determined on a sliding scale. The military member's most current Leave and Earnings Statement and spouses' current pay stubs are required to determine income.

To apply for childcare options, go to www.militarychildcare.com.

Action Zone School Age Care

Bldg. 1145
817-782-7566

Hours vary

The Action Zone provides an after-school care program, summer camp programs and teen open recreation opportunities.

The summer camp program is available for children ages 6 to 12 (5 year olds accepted

upon completion of kindergarten). Activities include swimming, field trips and more. Breakfast, lunch and afternoon snacks are provided. Fees for care are based on total family income and are determined on a sliding scale. The military member's most current Leave and Earnings Statement and spouses' current pay stubs are required to determine income.

BANKING Navy Federal Credit Union

1765 Military Pkwy.
Fort Worth, TX 76117
888-842-6328

www.navyfederal.org

9 a.m.-5 p.m. Monday through Friday,

9 a.m.-1 p.m. Saturday.

Closed Sunday

Navy Federal Credit Union – We serve where you serve®

As a Navy Federal Credit Union member, you'll have the support of a financial institution that puts people over profit. You'll enjoy the convenience of our anytime, anywhere banking through our worldwide network of branches, digital banking,* more than 55,000 ATMs and 24/7 access to stateside representatives.

Our number-one priority is to help you meet your financial goals, today and in the years to come. You can carry your membership throughout your career and around the world, taking advantage of exclusive products that range from low-rate loans and credit cards, to low-minimum certificates and a wide selection of mortgages nationwide. And, our online resources provide you a wealth of information

on all aspects of personal finance, from setting up a first budget to developing a sound retirement strategy.

Our mission has remained the same since 1933, "Serve and enrich the lives of those within the military community by providing a lifetime of financial guidance and support built on trust and shared values." With more than seven million members and more than \$80 billion in assets, Navy Federal is the world's largest credit union and is committed to service excellence.

We proudly serve Army, Marine Corps, Navy, Air Force and Coast Guard active duty, retired, reserve, National Guard, DoD civilian and on-base contractor personnel, veterans and their families.

*Message and data rates may apply. Visit www.navyfederal.org for more information. Equal housing lender. Federally insured by NCUA.

SHOPPING Commissary

1765 Military Pkwy.
Fort Worth, TX 76127
817-782-3660
9 a.m.-7 p.m. daily

The base commissary's goal is to achieve unprecedented efficiency in military grocery sales and to provide better service to its customer. It strives to do this by offering high-quality products at the best possible prices with savings of at least 30 percent. In-store amenities include a bakery, deli, fresh sandwiches to go, rotisserie chicken, sushi and more.

Main Exchange/Exchange

AAFES Mission — We pledge courteous and efficient service to all authorized customers. We welcome your patronage and encourage you to shop often and take advantage of our many sales and services.

NAS Fort Worth JRB Exchange operations include a Main Exchange, BXtra, Military Clothing Store, Class Six, Exchange Restaurants, Express Gas Station, Barber, Optical Center, Optometry Care, GNC and Alterations at the Naval Air Station Fort Worth Joint Reserve Base.

Military Star Card is available for use at the Main Exchange, BXtra, Express Gas Station, Military Clothing Store, and Exchange Restaurants. Starting October 30, 2017, it is also accepted at the DeCA Commissary. We also accept MasterCard, Visa, Discover and American Express.

The Exchange operates on funds generated by military members purchases of merchandise and services: not tax dollars.



Civilians are welcome at the Exchange Restaurants. Try Anthony's Pizza and Charley's Steakery.

All Guardsmen, Reservists and their families are authorized full, unlimited privileges in all the Exchange activities in the U.S., simply show the proper ID card.

For questions, please ask for the manager. There is one in each retail store, food facility or concessions.

We look forward to serving you and Thank You for your service.

Store Locations and Hours of Operations

BX

Bldg. 1880

817-738-1943

9 a.m.-7 p.m. Monday through Saturday

9:30 a.m.-7 p.m. Sunday

BXtra

Bldg. 1765B

817-377-2980

9 a.m.-7 p.m. Monday through Sunday

Express Gas Station

Bldg. 1518

817-989-2852

6 a.m.-8 p.m. Monday through Saturday

7 a.m.-7 p.m. Sunday

Military Clothing Store

Bldg. 1275

817-782-7988

9 a.m.-5 p.m. Monday through Sunday

Charley's Steakery

Bldg. 1880

817-738-4916

7:30 a.m.-3 p.m. Monday through Friday,

Sunday

7:30 a.m.-5 p.m. Saturday

Anthony's Pizza

Bldg. 1880

817-738-4916

10:30 a.m.-1 p.m. Monday through Sunday

Alterations/Dry Cleaners

Bldg. 1275

817-570-7977

8:30 a.m.-6 p.m. Monday through Friday

9 a.m.-3 p.m. Saturday

Closed Sunday

GNC

Bldg. 1880

817-737-2212

9 a.m.-7 p.m. Monday through Saturday

10 a.m.-6 p.m. Sunday



Optical Shop

Bldg. 1880

817-738-3101

9 a.m.-5 p.m. Monday through Saturday

Closed Sunday

Optometry Care

Bldg. 1880

817-570-2651

8 a.m.-6 p.m. Wednesday through Saturday

Closed Sunday through Tuesday

Barber Shop

Bldg. 1880

817-731-2651

8 a.m.-6 p.m. Monday through Saturday

10 a.m.-4 p.m. Sunday

DINING

MORELAND HALL DINING FACILITY

1506 Burke Ave.

Fort Worth, TX 76127

Menu line: 817-782-7379

Leading CS/FSO: 817-782-7383

NAS Fort Worth JRB's galley staff provides award-winning, five-star accredited quality and customer service to joint active and reserve Sailors, Marines, Air Force and Army patrons. On the third Wednesday of each month the galley celebrates a special meal by opening its doors to all authorized DoD personnel to include government employees, contractors and retired military personnel.

The galley offers numerous food and beverage choices to suit all dietary needs. In the main line, food choices range from savory baked chicken to delicious southern BBQ ribs and the speed line offers a wide variety of fast-food items such as cheeseburgers or hot dogs on certain days to pasta and pizza on other days.

Galley hours:

Monday through Friday

6-7:30 a.m. Breakfast

11 a.m.-12:30 p.m. Lunch

5-6:30 p.m. Dinner

Drill weekends

6-8:30 a.m. Breakfast

11 a.m.-1 p.m. Lunch

5-6 p.m. Dinner

Non-drill weekends

6-8 a.m. Breakfast

11:30 a.m.-12:30 p.m. Lunch

5-6 p.m. Dinner

TEN BAR & GRILL

Bldg. 1815

817-782-5505

Please call for hours

Ten Grill offers a full, tasty menu of food and drinks. From traditional burgers and fries to a healthy selection of salads and grilled chicken, they've got it covered, including breakfast from scratch. Drop in for lunch for some amazing food at a great price. Ten Bar currently offers a pizza delivery service to Unaccompanied Housing on Friday and Saturday nights.

LONE STAR CENTER

Bldg. 2570
817-782-5293

The Lone Star Conference Center offers state-of-the-art audiovisual equipment that will meet all conference needs. The venue is perfect for weddings, receptions, change of commands, retirement parties, mess nights, holiday events, and more. The ballroom accommodates up to 220 guests. The conference center is located across the street from the base chapel for convenience.

RECREATION/LEISURE/FITNESS

MWR WEBSITE, APP & HOURS OF OPERATION

Check NAS Fort Worth JRB MWR out online at www.navymwrfortworth.com for current hours of operation, event and facility information, and more. Download the MWR app for an interactive facility map and information right at your fingertips. Search "Navy MWR Fort Worth" in the App Store or Google Play.

MWR ADMINISTRATIVE OFFICE

Bldg. 1525
817-782-7745

This office includes the MWR installation Program Director, the Recreation Director, the Business Manager, the Community Recreation Director, the Human Resources Department, and the Marketing & Sponsorship Director.

Fitness, Aquatics & Sports

Fitness Center

Bldg. 1810
817-782-7770

Sports Coordinator

Bldg. 1810
817-782-1270

Aquatic Center

Bldg. 3319
817-782-1220

The goal of the Navy Fitness Program is to create "Fitness for Life" for the entire Navy population, including active-duty Sailors, family members and DoD civilians. Individual and group instruction is available from certified fitness professionals in cardiovascular conditioning, strength training, flexibility and nutrition. Aquatics programming includes lap swimming, lessons and specialty programs, such as water aerobics. Intramural sports programs provide another outlet to promote fitness and establish spirit de corps. Active-duty military members and family members can participate in intramural sports programs such as flag football, softball, basketball, volleyball, soccer, and more.

LIBERTY - SINGLE SERVICE MEMBER PROGRAM

Bldg. 1566
817-782-3175

The Liberty (or Single Service Member) Program provides high-energy recreation programs, superior entertainment experiences and development of personal leisure skills, leading to extraordinary and unique opportunities for enjoyment, activity and adventure in an alcohol and tobacco-free environment. The Liberty Program is open to single military members and geo-bachelors who reside in Unaccompanied Housing. Liberty Centers include free use of computers, Internet and wireless Internet, state-of-the-art video game systems, movies and TV rooms, book collections and special events. Liberty trips and tours include sporting events, outdoor adventures, shopping trips, amusement parks, ski trips and community events, including festivals, concerts and seasonal programs.

TEN BOWLING CENTER

Bldg. 1815
817-782-6122

The TEN Bowling Program offers year round bowling, special youth programs, instructional classes, and food and beverage areas. "TEN" also offers "cosmic bowling," with glow-in-the-dark balls, pins and other equipment. Birthday and command parties are also available. Ten Bar has a pool table, darts, a big screen projector for sporting events, and more.

COMMUNITY RECREATION

Bldg. 3328
Tickets & Travel
817-782-6121
Outdoor Recreation
817-782-5551

Community Recreation includes a wide range of services such as: Outdoor Recreation Equipment Rental (boats, paddleboards, kayaks, canoes, camping gear, and more), Recreation Programming and Activities, Trips Organization and Coordination, Tickets, On Base Community Events, Party and Picnic Support Equipment, Command Picnics and Events, and Travel. Facilities include Outdoor Recreation and Tickets and Travel.

AUTO SKILLS CENTER & PROPERTY STORAGE

Bldg. 1145
817-782-6375

The Automotive Skills Program provides facilities with working bay space and appropriate tools for authorized patrons to work on privately owned vehicles. The program includes the equipment and staff expertise to support an oil change, a paint touch up, and an entire

overhaul. Our facility is equipped with outdoor bays, shop equipment, classrooms, storage areas, and access to tools and repair manuals. Personal property and vehicle storage for service members, Reservists, Guard, retirees, and DoD civilians is provided at minimal cost.

LIBRARY

Bldg. 1802
817-782-7735

The Navy General Library Program (NGLP) features facilities that offer a wide variety of books and periodicals, computer resources and programs that enhance opportunities for educational research and recreational reading. The base Library also offers many educational programs for adults and children alike.

MOVIE REEL

Bldg. 1845
Recorded Movie Schedule: 817-782-6037

The Movie Reel provides first-run movies for all patrons either free or at a minimal charge with showings of the latest and greatest films.

EDUCATION

SCHOOL LIAISON OFFICER

Bldg. 1145
817-782-1873

The School Liaison Officer (SLO) serves as the communications link between military families with school-aged children, the command, and local school districts. As the "point person" for educational issues, the SLO is here to assist military families in addressing school-related issues, regardless of military status. The SLO will help ensure military children have access to the full range of services available in the local public schools. In addition to providing information about local public schools, the SLO also works to assist families who choose educational alternatives such as home school, private or parochial schools, independent study, or online programs.

COLUMBIA COLLEGE

1564 Headquarters Ave.
817-377-3276
ftworth@ccis.edu

Columbia College-Fort Worth provides a unique educational opportunity to working adults through its degree offerings and eight-week course format. As part of a network of locations across the country and a robust online program, the college offers convenient courses to military as well as civilian adult learners.

Nearly 500 students each year take a mix of in-seat and online classes.

Here are just some of the reasons why students select Columbia College-Fort Worth:

- Columbia College is fully accredited and has been around since 1851.
- Offers a wide variety of associate, bachelor and master degrees.
- Eight-week courses that meet one night a week
- Six sessions each year starting in January, February, May, June, August and October
- Qualified and dedicated instructors (no graduate students or teaching assistants)
- VA certifier on campus to help with all GI Bill benefits
- Military spouses and dependents receive their first class free
- Military spouses receive a 20% discount on all in-seat classes.
- Financial aid to qualified students
- A student-teacher ratio of 15:1
- Geared toward helping military personnel and other working adults



EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Fort Worth
1564 Headquarters Ave., Rm. 116
817-737-8180
fortworth@erau.edu

Embry-Riddle Worldwide is known for more than just its highly regarded aviation and aerospace programs. The university offers a range of associate, bachelor's and master's degrees, as well as Ph.D. and certificate programs in multiple sectors — from business to engineering to emergency services. Rigorous courses are taught by industry-leading experts who understand the demands of full-time work and military life because they have been there. Embry-Riddle Worldwide also offers flexible modes of learning that enable access to Embry-Riddle courses anytime, anywhere. Led by a faculty comprised of industry professionals — many of whom come from military backgrounds — Embry-Riddle Worldwide's programs are designed specifically to suit demanding schedules. That is why it offers the ultimate experience in flexibility. Embry-Riddle Worldwide offers more than 125 campuses across the globe — more than 90 of which are located on military bases, 12 enrollment dates per year, five modes of learning and course work that can be completed as it fits into busy lives. The campus staff is available to assist service members in their educational endeavors.



NORTHWOOD UNIVERSITY Fort Worth Campus

1564 Headquarters Ave.
Fort Worth, TX 76127
817-737-6442
www.northwood.edu/locations/fortworthtx

For nearly 50 years, Northwood University has provided voluntary education programs to service members, veterans and military family members through military installation partnerships. Its programs have earned national and international recognition for its quality business education and are an excellent way to advance in the military or transition to a civilian career. The university also welcomes civilians from surrounding communities. Northwood University is teamed with experienced professionals supporting all its programs to help individuals earn their degree. Combine evening and online classes in its accelerated eight-week format to fit busy lifestyles, and earn college credit for military and work/life experience.

COLLEGE OF DISTANCE EDUCATION AND TRAINING (CDET) FORT WORTH

Bldg. 1525
817-782-3207
<https://www.usmcu.edu/cdet/home>
The College of Distance Education and Training (CDET) Fort Worth provides USMC

Officer and Enlisted Professional Military Education seminars to the Marines stationed in the 18 Midwestern states.

CDET is the organization within the Marine Corps Education Command (EDCOM) with the mission to design, develop, deliver, evaluate, manage, and resource distance learning products and programs across the Marine Corps training and education continuum in order to increase operational readiness. CDET is a total force educational institution: it serves all U.S. military forces and DoD government agencies, as well as international military forces throughout the globe.

Its programs and courses concentrate on the leadership, warfighting, and staff development skills of the nation's military, and feature the educational standards, learning areas, and learning objectives of the Joint Professional Military Education (JPME) program required by the Chairman of the Joint Chiefs of Staff. They are accessible globally through a variety of delivery systems. The CDET online learning management system, MarineNet, provides education to students wherever they are stationed. Learning resource centers are fielded to provide access to MarineNet and exam proctors. CDET's worldwide seminar program supports the professional military education (PME) distance education programs through a network of regional campuses and via the Moodle learning management system.



INSTALLATION COMMAND



NAVAL AIR STATION FORT WORTH JOINT RESERVE BASE

AIR OPERATIONS DEPARTMENT

Bldg. 1425
817-825-6411

Air Operations maintains NAS Fort Worth JRB's airfield and consists of the Air Traffic Control, Airfield Services and Ground Electronics divisions. The mission of the Air Operations Department is to provide a wide variety of support to include Air Traffic Control, Space-A flight manifesting, fueling and audio/visual for on-base events.

For inquiries regarding the airfield or to file a noise complaint, please contact the Operations Department at 817-825-6411 or FTWO. AODO@navy.mil.

AIR TRAFFIC CONTROL DIVISION

Bldg. 4205
817-782-6342

Air Traffic Control is responsible for providing safe and effective control instructions to all

station, transient and Lockheed Martin aircraft flying in and out the airfield and ensuring that mission readiness is maintained. Air Traffic Control also provides Flight Planning services for all aircrews traveling through NAS Fort Worth JRB. Flight Planning can be contacted at 817-782-7531/7532.

AIRFIELD SERVICES DIVISION Transient Line

Bldg. 1405
817-782-5715

The Transient Line is responsible for servicing all military and civilian transient aircraft flying through NAS Fort Worth JRB.

NAS FORT WORTH JRB PASSENGER TERMINAL

Bldg. 1422
817-782-6288/6290
FTWO_FLIGHTSCHEDULING@navy.mil.

The Passenger Terminal is responsible for processing and manifesting all Space-A

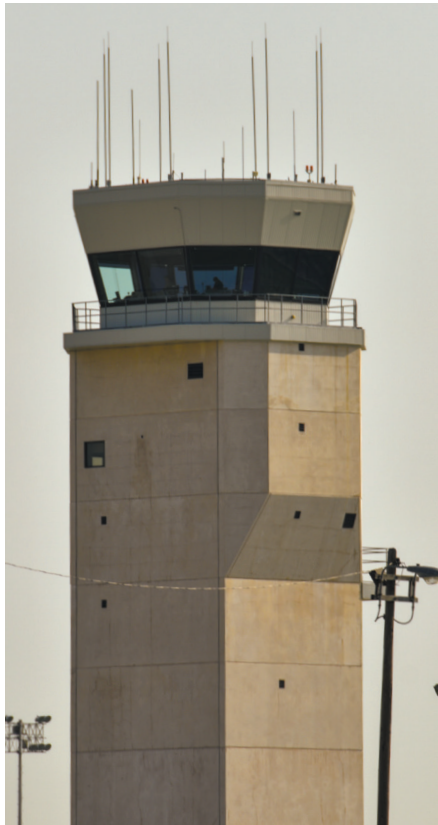
passengers arriving and departing NAS Fort Worth JRB.

The current Space-A flight schedule and Space-A request form can be obtained at www.facebook.com/NASFortWorthJRB. To hear the current flight schedule, call the 24-hour recording line at 817-782-6289.

GROUND ELECTRONIC MAINTENANCE DIVISION (GEMD)

Bldg. 1422
817-782-1752

GEMD provides support to NAS Fort Worth JRB, tenant commands and Fleet personnel in all facets of maintenance, repair and control of airfield navigational aids, communications, Land Mobile Radio and other ancillary electronic equipment. GEMD performs periodic testing, inspection, maintenance and repair of all ATC navigational aids, VHF/UHF communications. It also provides public address sound system support and maintains positive control over plant and minor property assigned.



FIRE AND EMERGENCY SERVICES

Bldg. 1425
817-782-6332

Fire and Emergency Services consist of highly motivated, truly dedicated, and highly trained professionals providing emergency mitigations to those who defend America. In fact, their mission statement is “Protecting those who defend America.” Aboard the 2,300 acre installation, they support the Navy and multiple tenant commands such as the Air Force, Marine Corps, Texas Air National Guard, Army, the Army and Air Force Exchange Services, Department of Justice, Federal Bureau of Prisons, and a Federal Medical Facility. NAS Fort Worth Fire and Emergency Services also has well established memorandums of understandings with Lockheed Martin’s Fire Department, the City of Fort Worth Fire Department, and several other community fire departments as means to provide and receive aid as needed and/or required; and to maintain an absolute professional relationship with not only the tenant commands aboard NAS Fort Worth but also the surrounding communities.

If the fire trucks are out and about, chances are they are training. From on and off base familiarization of facilities and streets, to live

fire training consisting of buildings, cars, helicopters, and aircraft, Fire and Emergency Services are training on something daily. Emergency Medical Service, Hazardous Materials, confined space, trench rescue, vehicle rescue, high and low angle rescue, water rescue, and aircraft rescue firefighting are just some of the training requirements necessary to increase proficiency during real world emergencies.

For emergencies, dial 911. If calling from a cell phone, request to be transferred to the 911 dispatch for NAS Fort Worth. REMEMBER: know the location and the building number. Cell phone towers direct emergency calls to a 911 dispatch out in town. For non-emergency calls, contact the on-duty Assistant Fire Chief at 817-782-6339 or the on-duty Fire Battalion Chief at 817-782-6337.

NAS Fort Worth Fire and Emergency Services Fire Prevention Team is second to none. While providing first class service to all the commands aboard NAS Fort Worth by providing very detailed fire safety inspections and conducting annual fire drills to all the facilities, they offer fire warden training and fire extinguisher training monthly, during safety stand downs, and as requested. With over 425 facilities, they ensure each and every one

gets the attention it/they deserve. For questions or to identify something believed to be unsafe, call 817-782-6333/6340/6341.

INFORMATION TECHNOLOGY (IT)

Bldg. 1427

Information Technology’s mission is to provide tenants and department heads the technical assistance to meet NAS Fort Worth JRB’s mission to support the war-fighter at home and abroad. Each command maintains an IT staff to assist with command IT requirements.

Installation IT Support:

CNIC IT Customers.....	817-782-7997
Enterprise Land Mobile Radio ...	817-782-6552
Key Management/EKMS	817-782-6064
Base Communications Officer....	817-782-7400
8th MCD IT.....	817-782-6767
14th Marines IT.....	817-782-6654
136th Communications.....	817-852-3040
301st Communications	817-782-5657
Information Dominance IT	817-782-7107
MAG-41/MWSS-473 IT.....	817-782-2762
MACS-24 IT	817-782-1253
NOSC IT	817-782-1950
VMGR-234 IT	817-782-2908





TENANT COMMANDS

ARMY TENANT COMMANDS

ALPHA COMPANY, 6TH BATTALION, 52ND AVIATION REGIMENT

Bldg. 1049

Operations: 817-782-6196

BAKER COMPANY 90TH AVIATION SUPPORT BATTALION

Bldg. 1029

Unit Administrator: 817-782-5503

The Baker Company 90th Aviation Support Battalion is a unit of the 11th Expeditionary Combat Aviation Brigade, as part of the Army Reserve Aviation Command. Their primary mission is rotary-wing maintenance support. As an Aviation Intermediate Maintenance Company, Baker Company (B Company) is responsible for repairing Army helicopters and aviation equipment essential to continuing operations in support of the aviation and ground force commanders worldwide.

MARINE CORPS TENANT COMMANDS

8TH MARINE CORPS DISTRICT (8MCD)

Bldg. 1513

Duty cell: 214-733-3528 (Available 24/7)

8th Marine Corps District mission is to continue to uphold Marine Corps standards and traditions while achieving its assigned officer, enlisted, and prior service recruiting mission by component and category in order to provide the Marine Corps with the best possible Marines to lead the Corps and to win the nation's battles.



14TH MARINE REGIMENT

Bldg. 4210

817-822-8157 (Available 24/7)

The 14th Marine Regiment provides augmentation (cannon/target acquisition) to

active component artillery regiment/battalion tactical missions in support of the Ground Combat Element, provides General Support/General Support Reinforcing rocket and missile fires in support of the Marine Air Ground Task Force, and prepares and deploys Force Artillery capability to facilitate the command and control of surface-to-surface missile fires in support of the Marine Air Ground Task Force.

MARINE AIRCRAFT GROUP 41

Bldg. 1068

MAG-41 Duty: 817-782-2718 (Available 24/7)

Marine Aircraft Group 41's (MAG-41) mission is to man, train and equip task organized Air Combat Elements (ACE) in order to augment and reinforce the active component in support of Marine Air-Ground Task Force (MAGTF) operations. When directed, MAG-41 serves as an intermediate aviation provider to Marine Forces Reserves in order to enhance mobilization readiness.



Local subordinate units:

- Marine Fighter Attack Squadron 112 (VMFA-112)
- Marine Aerial Refueler Transport Squadron 234 (VMGR-234)
- Marine Air Control Squadron 24 Detachment A (MACS-24 Det A)
- Marine Aviation Logistics Squadron 41 (MALS-41)
- Marine Wing Support Squadron 473 (MWSS-473 Det B)

MARINE AIR CONTROL SQUADRON 24 DETACHMENT A

Bldg. 4253

MAG-41 Duty: 817-782-2718 (Available 24/7)

Marine Air Control Squadron 24 Detachment A (MACS-24 Det A) is a reserve United States Marine Corps air traffic control detachment aboard NAS Fort Worth JRB. The unit's mission is the support of air control operations as directed by the Commanding General, Marine Forces Reserve and to provide air surveillance, control of aircraft and ground based air defense assets, and to provide navigational assistance to itinerant friendly aircraft in support of the Fleet Marine Force.



MARINE AIR REFUELING TRANSPORT SQUADRON 234 (VMGR-234)

Bldg. 1050

Squadron Gunnery Sergeant: 817-782-2905

Squadron Operations: 817-782-2900

MAG-41 Duty: 817-782-2718 (Available 24/7)

Marine Air Refueling Transport Squadron 234 (VMGR-234) support the Marine Air Ground Task Force Commander by providing air-to-air refueling and assault support, day or night, under all weather conditions during expeditionary, joint, or combined operations.

VMGR Squadrons or detachments deploy when supporting a Marine Expeditionary Unit or as part of an aviation combat element in response to a request for forces. Deploying elements are capable of conducting operations within 24 hours of arrival. Deployed VMGR units sustain operations for short durations from an established ashore facility capable of providing aviation support.

MARINE AVIATION LOGISTICS SQUADRON 41 (MALS-41)

Bldg. 1050

MAG-41 Duty: 817-782-2718 (Available 24/7)

Marine Aviation Logistics Squadron 41 (MALS-41) is a USMC reserve aviation logistics support unit. They provide logistical support to FA-18 and KC-130 squadrons assigned to 4th Marine Aircraft Wing and Commander, Naval Air Reserve Force.

MARINE FIGHTER ATTACK SQUADRON 112 (VFMA-112)

Bldg. 1403

Operations: 817-782-2975

MAG-41 Duty: 817-782-2718 (Available 24/7)



MARINE WING SUPPORT SQUADRON 473 DETACHMENT BRAVO

Bldg. 1410

Duty Phone: 682-225-0294 (Available 24/7)

Marine Wing Support Squadron 473 provides all essential Aviation Ground Support





requirements to a designated fixed-wing and rotor-wing components of an Aviation Combat Element (ACE) and all supporting or attached elements of the Marine Aircraft Group 41 (MAG-41).

NAVY TENANT COMMANDS



AIR LOGISTICS TRAINING CENTER

OIC and Simulators, Bldg. 1752
Maintenance Classrooms, Bldg. 1445
Classrooms, SEL and Instructors Offices,
Bldg. 1402

ALTC OIC: 817-782-5229
ALTC SEL: 817-782-1207
ALTC LPO: 817-782-7466
ALTC ADMIN: 817-782-7466
ALTC CDO mobile: 817-266-1570

(Available 24/7)

Air Logistics Training Center's mission is to provide the expertise and training to enable Fleet Logistics Support Squadrons to safely and effectively accomplish their mission.



COMMANDER FLEET LOGISTICS SUPPORT WING (CFLSW)

Bldg. 1445
817-825-6438 (Available 24/7)

Command Duty Officer: 817-825-6436
(Available 24/7)

Command Switchboard: 817-782-7800

Executive Office: 817-782-7880

Admin: 817-782-7965

Operations: 817-782-6302

Maintenance: 817-782-6110

Supply: 817-782-6315

NATOPS: 817-782-6279

IT: 817-782-6823

Training: 817-782-7848

Airwing staff supporting the Navy's largest airwing comprised of 12 squadrons, 2 detachments, 4 Aviation Support Divisions, over 2,700 personnel and 100% of the Navy's medium and heavy airlift capability. These units perform continuous short notice, worldwide air logistics service to the fleet. As a staff, our mission is to provide the necessary expertise, guidance, resources, and training to enable our squadrons to effectively accomplish their mission.

Squadrons Supported/ Type of Aircraft/Location:

- Executive Transport Detachment Sigonella/C-20G/NAS Sigonella, Italy
- Executive Transport Detachment Pacific/C-37/Hickam AFB, Hawaii
- VR-1/C-37/Joint Base Andrews, Md.
- VR-51/C-20/MCAS Kaneohe Bay, Hawaii
- VR-53/C-130/Joint Base Andrews, Md.
- VR-54/C-130/NAS New Orleans, La.
- VR-55/C-130/Point Mugu, Calif.
- VR-56/C-40/NAS Oceana, Va.
- VR-57/C-40/NAS North Island, Calif.
- VR-58/C-40/NAS Jacksonville, Fla.

- VR-59/C-40/NAS Fort Worth JRB, Texas
- VR-61/C-40/NAS Whidbey Island, Wash.
- VR-62/C-130/NAS Jacksonville, Fla.
- VR-64/C-130/Joint Base McGuire, N.J.



COMMANDER TACTICAL SUPPORT WING

Bldg. 1510

The Tactical Support Wing (TSW) is a United States Navy reserve air wing whose primary mission is operational and training support for active forces. The TSW provides support to active forces and assists in training services, exercise support, counter narcotic operations, fleet contributory support, and preparation to deploy to any protracted conflict and operate as an integrated air wing. The wing would also respond during a national crisis.

Subordinate Units

Based at NAS Fort Worth JRB, the wing is composed of five squadrons and five Squadron Augment Units (SAU) in seven states.

It is the Navy Reserve's only tactical wing, and has been since the 1994 disestablishment of the Navy's West Coast reserve air wing (CVWR-30).

In 2007, the wing was renamed from Reserve Carrier Air Wing 20 (CVWR-20) under the Navy's Active-Reserve Integration (ARI) plan.

Mission

To support active forces and assist in training services, exercise support, counter narcotic operations, fleet contributory support, and preparation to deploy to any protracted conflict and operate as an integrated air wing. The wing would also respond during a national crisis.

Subordinate Units

The Tactical Support Wing consists of five squadrons:

- VFA-204 River Rattlers – based at NAS New Orleans JRB, La.
- VAQ-209 Star Warriors – based at NAS Whidbey Island, Wash.
- VFC-12 Fighting Omars – based at NAS Oceana, Va.
- VFC-13 Saints – based at NAS Fallon, Nev.
- VFC-111 Sundowners – based at NAS Key West, Fla.



FLEET LOGISTICS SUPPORT SQUADRON FIVE-NINE (VR-59)

Bldg. 1048

Duty Desk: 817-782-3420 (Available 24/7)

Fleet Logistics Support Squadron FIVE-NINE (VR-59) is a Navy Reserve squadron with a full-time operational mission with 240 Full Time Support and Selected Reserve personnel. The Lone Star Express provides essential, responsive, and flexible airlift in support of the Navy's peacetime operations, combat missions, humanitarian assistance and disaster relief worldwide.

VR-59's maintain and operate 3 C-40A Clipper aircraft out of NAS Fort Worth JRB in support of Navy Air Logistics Office mission tasking to deliver Navy cargo and personnel to training and operating destinations around the world. VR-59 also detaches to three overseas duty stations on rotational schedules in support of 5th, 6th, and 7th Fleet operational tasking throughout the year.

FLEET READINESS CENTER (FRC) WEST DETACHMENT FORT WORTH

Bldg. 1055

Command Duty Officer: 214-681-1937
(Available 24/7)

Fleet Readiness Center (FRC) West, Detachment Fort Worth is part of the FRC West Family. We continue to uphold the highest traditions of excellence and a well-deserved reputation as one of the premier small unit FRC sites, which provides intermediate level aviation maintenance in support of the Naval Aviation Enterprise. A uniquely integrated organization with Navy and Marine Corps personnel that set the standard for efficient operations, FRC West, Detachment Fort Worth has successfully "co-opted" three separate commands (Fleet Readiness Center West, Detachment Fort Worth; Marine Air Logistics Squadron FOUR ONE; and Aviation Support Department Fort Worth) into one operational unit.

FLEET READINESS CENTER AVIATION SUPPORT EQUIPMENT (ASE)

Bldg. 1401

817-782-7865

Fleet Readiness Center Aviation Support Equipment (ASE) provides agile, relevant, quality ASE maintenance, repair and overhaul

(MRO) services to meet Naval Aviation Enterprise entitlements and the Optimized Fleet Response Plan requirements in an efficient and cost effective manner. FRC ASE's services provide seamless integrated MRO services to reduce the cycle time and improve the availability of ready for use aviation support equipment assets for USN and USMC activities.

FRC ASE Capabilities & Services include:

- Depot-Level Maintenance, Repair, Overhaul
- Corrosion Control
- NDI
- Welding, Machining, Sheet Metal Forming
- Plating, Milling, Machining, Remanufacturing
- Proof Load Testing
- Cable Manufacturing
- Avionics MRO
- Engine Test Cell Calibration
- 7R Component Repair
- Deployable Field Team Support
- Reverse Engineering for Obsolescence

JOINT RESERVE INTELLIGENCE CENTER (JRIC) FORT WORTH

Bldg. 1720

817-782-3473

The premier Navy-operated Joint Reserve Intelligence Center in the Defense Intelligence Agency's Joint Reserve Intelligence Program (JRIP), JRIC Fort Worth provides world-class facilities for training and intelligence production enabling Reserve Intelligence Warfare personnel to train for mobilization readiness while concurrently fulfilling operational

requirements. JRIC Fort Worth boasts 13,000+ sq. ft. of classified workspace utilized by more than 450 active duty, reserve, guard and civilian personnel who support commands at the operational and tactical level. Specifically, JRIC Fort Worth supports the missions of the Defense Intelligence Agency, US Pacific Command, US Central Command, US Strategic Command, Joint Intelligence Operations Center-South, and Navy Information Operations Command-Texas, amongst many others.

NAVAL FACILITIES ENGINEERING COMMAND (PUBLIC WORKS)

Bldg. 1215

817-782-5563

Public Works Department Fort Worth provides a full range of facility services, including infrastructure sustainment, restoration and modernization, construction, transportation, engineering, utilities, janitorial services, refuse collection, grounds maintenance and pest control. The Public Works team includes the Facilities Management Division, Facilities Engineering and Acquisition Department (FEAD), and Production Division.

Facilities Management Division

The Facilities Management Division of Public Works is responsible for working with base departments and tenant commands to identify space, facility and utility requirements.

Facilities Engineering and Acquisition Department (FEAD)

Public Works FEAD oversees all construction and services contracted through the Naval Facilities Engineering Command. FEAD



TENANT COMMANDS

is dedicated to ensuring quality and safety in construction, and comprehensive coordination with all departments and tenant commands supported by base and facility services.

Production Division

The Production Division oversees maintenance shops, transportation, and utilities and energy management. The maintenance shops employ tradesmen and skilled workers that conduct base maintenance and repair throughout the year. Transportation provides vehicles, including green vehicles, to departments and tenant commands. It is also responsible for licensing personnel on special purpose vehicles. Utilities and Energy Management is responsible for energy and water management, awareness and conservation. It continues to develop strategies for achieving energy reduction and renewable energy goals.

NAVAL SUPPLY SYSTEMS COMMAND FLEET LOGISTICS CENTER JACKSONVILLE (NAVSUP)

Bldg. 1251

Duty Cell: 817-565-0891 (Available 24/7)

Hazmat: 817-782-7546

Warehouse: 817-782-5546

Transportation: 817-782-6803

Household Goods: 817-782-7300

Fuels: 817-782-7661

Naval Supply Systems Command Fleet Logistics Center Jacksonville provides Operational Logistics support to 50 Naval and Joint units, 19 Shore Installations, and two Industrial Activities across the Southeastern U.S., Caribbean, and South America. Perform other functions as directed by Commander, NAVSUP Global Logistics Support.

NAVY MUNITIONS COMMAND ATLANTIC DETACHMENT FORT

Bldg. 3355

817-782-3171

Navy Munitions Command Atlantic Detachment Fort Worth's mission is to provide ordnance support safely to NAS Fort Worth JRB, NAS Corpus Christi, NAS Kingsville and their tenant commands while providing surge capability in support of worldwide operations under the command and control of U.S. Fleet Forces and Navy Munitions Command Atlantic.

NAVY REGION SOUTHEAST RESERVE COMPONENT COMMAND (NRSE RCC)

Bldg. 1803

Command Duty Officer: 817-637-1649

(Available 24/7)

Navy Region Southeast Reserve Component Command Fort Worth is an Echelon IV Staff Command exercising oversight of 20 Navy Operational Support Centers and 7,200 Selected Reservists geographically located in Texas, Oklahoma, Missouri, Louisiana, Mississippi, Arkansas, and Kansas.



AIR FORCE RESERVE TENANT COMMANDS

10th Air Force

Bldg. 1700

817-782-3133

Tenth Air Force, located at NAS Fort Worth JRB, Texas, directs the activities of nearly 20,000 reserve, active duty and civilian

personnel located at 37 military installations throughout the United States.

10th Air Force Mission Statement

The mission of Tenth Air Force is to organize, train and equip mission-ready Tenth Air Force Reserve Citizen Airmen to fly, fight and win in air, space and cyberspace.

10th Air Force History

Tenth Air Force was activated in February 1942 at Patterson Field, Ohio. In August 1943, it was assigned to Air Forces China-Burma-India Sector. Throughout the years there were numerous inactivations and activations. In 1976, it was re-designated Tenth Air Force and assigned to Air Force Reserve Command and eventually moved to NAS Fort Worth JRB (then Carswell Air Reserve Station) in June 1996.

10th Air Force Operations

With 45 full-time and 24 traditional reserve headquarters staff members, Tenth Air Force serves as the focal point for all matters pertaining to assigned Air Force Reserve units and individuals. The headquarters monitors and provides assistance to all subordinate units to help resolve problem areas and more efficiently maintain unit combat readiness.

Tenth Air Force is the Air Force Reserve Command's most diverse Numbered Air Force. It manages and supervises all reserve fighter and bomber operations and training, special operations, rescue, airborne warning and control, combat air operations battle staff, remotely-piloted aircraft, space, cyber, intelligence, surveillance and reconnaissance units. When mobilized or used in a full-time capacity, Tenth Air Force delivers combat capability to Air Combat Command, Air Force Special Operations Command, Pacific Air Forces, Air Force Space Command, Air Force Global Strike Command, Air Education and Training Command, and the Air Force Intelligence, Surveillance and Reconnaissance Agency, as well as United States Strategic Command.

Almost all flying organizations within Tenth Air Force are associated with active-duty units. Active associate wings, in which the reserve unit maintains responsibility for the equipment, fly the F-16 Fighting Falcon, A-10 Thunderbolt II and B-52 Stratofortress. Where the active duty maintains responsibility for the equipment, Tenth Air Force members are classically associated in missions flying the F-35 Lightning II, F-22 Raptor, F-15E Strike Eagle, F-16, B-52, B-1B Lancer, U-28, C-145A, C-146, AC-130U Specter, MC-130H Combat Talon, E-3 Sentry, and the Predator, Reaper and Global Hawk Unmanned Aerial Vehicles.





The 920th Rescue Wing is a stand-alone unit equipped with the HC-130 Hercules and the HH-60 Pave Hawk helicopter.

Other organizations include combat air operations, medical, civil engineer, combat logistics, communications, security forces, aerial port, intelligence and aeromedical units. Additionally, the Reserve portion of the Air National Guard/Air Force Reserve Test Center (AATC), which conducts operational test and evaluation of fighter equipment and improvements, is directly assigned to Tenth Air Force, as is the 610th Command and Control Squadron, which directly supports United States Strategic Command.

WINGS

- 301st Fighter Wing, NAS Fort Worth JRB, Texas
- 307th Bomb Wing, Barksdale AFB, La.
- 310th Space Wing, Schriever AFB, Colo.
- 419th Fighter Wing, Hill AFB, Utah
- 442d Fighter Wing, Whiteman AFB, Mo.
- 482d Fighter Wing, Homestead ARB, Fla.
- 919th Special Operations Wing, Duke Field, Fla.
- 920th Rescue Wing, Patrick AFB, Fla.
- 926th Wing, Nellis AFB, Nev.
- 944th Fighter Wing, Luke AFB, Ariz.

Direct Reporting Groups

- 477th Fighter Group, Joint Base Elmendorf-Richardson, Alaska

- 513th Air Control Group, Tinker AFB, Okla.
- 610th Air Operations Group, March AFB, Calif.
- 655th ISR Group, Wright Patterson AFB, Ohio
- 960th Cyber Operations Group, Joint Base San Antonio-Lackland, Texas

Direct Reporting Units

- Air National Guard (ANG) Air Force Reserve Command (AFRC) Test Center (AATC)
- 610th Command and Control Squadron, Davis-Monthan AFB, Ariz.



301st Fighter Wing

Bldg. 1654

Contact information:

301st Fighter Wing Command Post:

817-782-6888 (Available 24/7)

301st Fighter Wing Public Affairs:

817-782-7170

301st Force Support Squadron/ID card section:

817-782-6852

301st Education and Training: 817-782-6978

301st Fighter Wing Legal Office:

817-782-7620

301st Fighter Wing Finance office:

817-782-6962

The 301st Fighter Wing is one of more than 50 flying units in the U.S. Air Force Reserve. The wing along with its higher headquarters, 10th Air Force, is located at Naval Air Station Fort Worth Joint Reserve Base in Fort Worth, Texas. With more than 2,000 Reserve Citizen Airmen, active duty and civilians, the fighter wing is the largest tenant unit on the installation.

The mission of the 301st Fighter Wing is to train and deploy combat-ready Airmen, and is equipped with the F-16C+ Fighting Falcon aircraft.

The wing has a rich history dating back to the mid-1940s and it continues to make history.

Activated on October 5, 1944, the 301st Fighter Wing flew the P-47 Thunderbolt escorting bombers in East Asia supporting the Ryukyus campaign during World War II. Five years later, it deactivated. In 1972, the fighter wing reactivated at Carswell Air Force Base in Fort Worth, and has been located here ever since.

The wing was the first Air Force Reserve fighter unit to deploy to overseas bases for NATO exercises when it deployed to Norvenich Air Base, Germany, in August 1977, and again, to Cigli Air Base, Turkey, in October 1982.

The 1990s began with wing members being called to active duty during Operations Desert Shield and Desert Storm. Later, the wing deployed its aircraft to Darwin, Australia, as the



first Air Force Reserve fighter wing to participate in Aces North, a joint U.S.-Australian exercise.

The post-Cold War era has been characterized by an increase in contingency operations. The 301st FW participated in seven operations, flying approximately 1,000 combat sorties over Bosnia and Iraq. These included Operation Deny Flight, Operation Decisive Edge, Operation Southern Watch, and Operation Northern Watch.

Shortly after the 9/11 attacks, Reserve Citizen Airmen deployed in support of Operation Southern Watch. After they arrived, they were also tasked to fly nearly 200 missions and released approximately 200 bombs on enemy targets during Operation Enduring Freedom. On the home front, wing members supported Operation Noble Eagle (ONE) homeland-defense missions.

Since 9/11, 301st Fighter Wing units have deployed supporting Operation Enduring Freedom, Operation Noble Eagle, Operation Iraqi Freedom, and Operation Freedom's Sentinel.

The Air Force Reserve's premier fighter wing is composed of command and wing staff agencies, three groups and two direct reporting units. The units are:

301st Operations Group

The 301st Operations Group directs the training and readiness of assigned personnel who assure the following capabilities: immediate

mobilization and worldwide deployment; employment of the F-16C+ utilizing the aircraft's unique precision ground attack and offensive capability; constant vigilance at home and abroad to provide an advanced force for homeland defense.

301st Maintenance Group

The 301st Maintenance Group directs component repair, equipment maintenance, sortie production and overall daily maintenance operations for the wing. The group employs more than 750 military and civilian personnel in 21 Air Force specialty areas. The group provides intermediate and organizational level F-16 maintenance support for the 457th Fighter Squadron with highly trained, deployable personnel. It ensures quality of aircraft maintenance with an annual operating budget of \$2.2M. The 301st Maintenance Group is comprised of two squadrons — Maintenance Squadron and Aircraft Maintenance Squadron.

301st Mission Support Group

The 301st Mission Support Group commands more than 600 military and civilian Airmen in civil engineering, force support, security forces, communications, logistics readiness, aerial port, contracting, deployment processing, and bio-environmental. The group implements and directs programs, plans and policies for assigned F-16s in wartime and contingency missions as well as peacetime quality of life.

It directs management, training and budget reports to maximize readiness within funding constraints while overseeing wing military construction projects.

301st Medical Squadron

The 190-plus member squadron provides in-garrison support to the 301st Fighter Wing and deployable support to combatant commands. The medical unit is one of three Air Force Reserve Command medical units to establish and fully staff an Expeditionary Medical Support facility in a deployed environment.

355th Fighter Squadron

The 355th Fighter Squadron is an active-duty associate direct reporting unit to the fighter wing. The active-duty squadron integrates into the 301st Fighter Wing by providing F-16 Fighting Falcon aircraft maintenance, pilots and other support personnel to execute strategic attack, counter air, air interdiction and close air support missions. It is one of the U.S. Air Force's largest total force enterprise wings.

44th Fighter Group

The 44th Fighter Group is a classic associate unit partnered with the 325th Fighter Wing at Tyndall AFB, Fla. The unit's mission centers around the F-22 Raptor, a 5th generation fighter aircraft, and T-38A Talon Adversary aircraft. The squadrons within the group are the 301st Fighter Squadron and 44th Maintenance Squadron. Its mission is to train and produce unrivaled 5th generation combat airpower through mission-ready Airmen.

AIR FORCE CIVILIAN PERSONNEL OFFICE

Bldg. 1780

817-782-7596

7:30 a.m.-4:30 p.m. Monday through Friday

The Air Force Civilian Personnel Office provides services for "Air Force" components on Local Union Labor/Employee Relations and Hiring. For information regarding appropriated civilian vacancies, federal employment in general, and to submit a resume, visit www.usajobs.gov (Location: Fort Worth). No resumes accepted on location. Executive Order 13473, authorizes noncompetitive appointments in the civil service for spouses of certain members of the armed forces. This authority can be used for temporary, term, or permanent positions consistent with the provisions of 5 CFR 315.612 and 5 CFR 316. This hiring authority does not constitute a hiring preference for eligible military spouses or entitlement to a federal job. Spouses MUST apply to a job announcement on USAJOBS (www.usajobs.gov) and must be qualified for the position to



be referred. To learn more about the federal hiring process, how to assess individual skills and interests to match potential career opportunities, and employment information in general, please visit the Fleet and Family Support Center. For more information or if PCSing to NAS Fort Worth and need to register in Priority Placement Program as a current federal employee and PCSing with a military member on orders, contact the Air Force Civilian Personnel Office for an appointment.

AIR NATIONAL GUARD TENANT COMMAND 136th Airlift Wing

Bldg. 1672

817-852-3260 (Available 24/7)

The 136th Airlift Wing is one of three flying units in the Texas Air National Guard. The 136th AW's mission includes tactical airlift, airdrop, assault and medical evacuation using 8 C-130H Hercules all-purpose aircraft. The wing is comprised of 5 groups, 19 units and 1 Geographically Separated Unit (GSU). "We are Texans serving Texas, ready to answer our nation's call anywhere, anytime. Nulli Secundus!"

254th Combat Communications Group

The 254th Combat Communications Group (254 CCG), located on Hensley Field, Dallas, delivers expeditionary combat communications to extend cyberspace in support of combatant commanders and civil authorities. The group has functional oversight of eight combat communications squadrons from seven different states, including the 221st Combat Communications Squadron.

Air National Guard Band of the Southwest

Bldg. 1669

The Air National Guard Band of the Southwest is, by gubernatorial decree, the official band of the state of Texas. The band is a component of the Texas Air National Guard and is based with the 136th Airlift Wing at NAS Fort Worth JRB, Texas. Historically known as the 531st Air Force Band, the Air National Guard Band of the Southwest is proud to have served the military personnel and citizens of the United States of America for over fifty years, from local community concerts to ceremonies for elected state and federal government officials, including the President of the United States.

Air National Guard musicians are citizen-airmen: part-time Guard members with full-time civilian careers. They rehearse and perform one weekend a month and perform an annual concert tour. Within the

organization, the Band has a concert band, jazz ensemble, and various pop and concert small ensembles. The Band's current area of responsibility includes Arizona, New Mexico, Colorado, Louisiana, Oklahoma, Arkansas, Kansas, and Texas, although it has performed in more than a dozen states. The Band has

twice deployed units to Southwest Asia, touring Iraq, Afghanistan, Kuwait, Kyrgyzstan, Qatar, and Djibouti in 2007 and 2011. As part of the Texas National Guard, the Band was also activated to support humanitarian relief efforts in the wake of Hurricanes Katrina, Rita, and Harvey.





MILITARY COMMANDS

IN THE DFW METROPLEX



90TH AVIATION SUPPORT BATTALION (90TH ASB)

11280 White Settlement Rd.
Fort Worth, TX 76108
24hr Contact Number: 817-935-7871
BN Commander: 817-935-7804
BN XO: 817-935-7838
BN CSM: 817-935-7803
BN SAA: 817-935-7806
BN S1: 817-935-7819
BN Maintenance Shop: 817-935-7864
HSC Unit Administrator: 817-935-7812
HSC Training NCO: 817-935-7811
ABLE Co Unit Administrator: 817-937-7817
ABLE Co Training NCO: 817-935-7816

CHARLIE Co Unit Administrator:
817-935-7812

CHARLIE Training NCO: 817-935-7811

The 90th ASB mission is to provide logistics and sustainment force health protection to an Expeditionary Combat Aviation Brigade. The Aviation Support Battalion (ASB) serves as the primary source of logistics for the aviation brigade. The ASB plays a dual role in providing direct support to the aviation brigade. First, the ASB supports current operations. It monitors the implementation of the support plan. The ASB actively monitors all support operations with the aviation brigade S4, identifies problems, and implements solutions to ensure support requirements are met. Second, the ASB plans to support future operations. It anticipates requirements and incorporates planning guidance. In addition, the ASB commander is a base cluster commander in the division rear and operates under the division command for this mission. The ASB supports the aviation

brigade's mission by implementing the Combined Arms Support Command commander's guidance. Specifically, it supports the aviation brigade by providing or coordinating all classes of supply and maintenance. It replenishes basic loads for all its supported units.

The 90th ASB contains a Headquarters and Support Company, a Distribution Company, an Aviation Support Company, and a Brigade Signal Company. The Headquarters and Support Company provides command and control, staff planning and supervision, and food service support for all organic and units assigned or attached to the ASB. The Distribution Company provides logistics service support to an Aviation Brigade. The Aviation Support Company provides Aviation Field Maintenance (AVIM) and limited backup Aviation Field Maintenance (AVUM) support to the Combat Aviation Brigade. The Signal Company provides 24-hour operational signal systems networking to the supported Combat Aviation



MILITARY COMMANDS IN THE DFW METROPLEX

Brigade, ECAB, or Division which includes deploying, installing, operating, and maintaining these systems.

The 90th Aviation Support Battalion has a prestigious history dating over 100 years to its inception on August 5, 1917. Originally constituted in the National Army as the 315th Supply Train, an element of the 90th Division, it mobilized on September 5, 1917 at Camp Travis, Texas. After a brief period of training it deployed to France as part of the Allied Expeditionary Forces. The unit performed valiantly, earning Meritorious Unit Commendation streamers for its participation in the Lorraine, St. Mihiel and the Meuse-Argonne campaigns of World War I.

On June 6, 1919 after returning from World War I, the 315th Supply Train of the Army's 90th Division demobilized at Camp Bowie, Texas. On June 21, 1921 the unit reconstituted as the 90th Division Train, Quartermaster Company in the organized Reserves and allotted to the Eighth Corps Area. From 1925 to 1942 the unit experienced many reorganizations and redesignations until ordered into active military service on March 25, 1942, at Camp Barkeley, Texas, as the 90th Quartermaster Company. The unit deployed to Europe during World War II participating in the Normandy, Northern France, the Rhineland, Ardennes-Alsace and Central European Campaigns. As a result, the unit earned the Meritorious Unit Commendation embroidered with both streamers for France and Germany, the Invasion Arrowhead for Normandy, and the French Croix de Guerre with Palm Device for participation around the Moselle and Sarre River campaigns. After returning from Europe the unit deactivated in December 1945 at Camp Shanks, New York. In May 1947 the Army reallocated the unit to the Organized Reserves, and reactivated it in June 1947 at San Antonio, Texas under Fourth Army. In 1963, the Army redesignated the unit as HHC, 90th Supply and Transportation Battalion. On September 16, 2010 the Army redesignated the unit as the 90th Aviation Support Battalion (ASB), 244th Aviation Brigade.

On June 11, 2014 the 90th ASB once again answered its nation's call to duty. The unit deployed in Support of Operation Enduring Freedom-Kuwait/Operation Inherent Resolve to provide world class aviation support services to U.S. and Coalition Forces serving in Joint Operations Area Georgia. This was the unit's first activation mission since WWII; the unit performed meritoriously and received the prestigious AAAA Unit of the year award.

The Soldiers of the 90th ASB continue the proud tradition of sacrifice and honorable service to its nation.



**US Army Corps
of Engineers**®
Fort Worth District

U.S. ARMY CORPS OF ENGINEERS

819 Taylor Street
Fort Worth, TX 76102
817-886-1306

The U.S. Army Corps of Engineers, Fort Worth District, headquartered in Downtown Fort Worth, was established in 1950 after disastrous floods in the area. The District covers a geographical area of about 410,000 square miles, employs more than 1,000 people and is responsible for 25 lakes, major urban floodways and 17 Army and Air Force installations in Texas, New Mexico and Louisiana. The District operates and maintains reservoirs and lakes for outdoor recreation opportunities for millions of visitors annually, while also furnishing approximately 35 percent of Texas' water supply.

The Fort Worth District manages one of the largest military construction programs in the

Corps and supports customers with design and construction projects at 17 Army and Air Force installations in Texas, New Mexico and Louisiana. Over the years, the District has supervised the construction of facilities to include barracks, family housing, training and aircraft facilities, schools, child care centers, clinics, and hospitals.

The U.S. Army Corps of Engineers Regulatory Program is implemented under Section 404 of the Clean Water Act and Section 10 of the Rivers and Harbors Act of 1899 for two-thirds of the State of Texas, including three very large, fast-growing metropolitan areas — Dallas-Fort Worth, San Antonio, and Austin — and some of the fastest growing cities in the nation.

The Fort Worth District provides a variety of services to other federal agencies, to include the Department of Homeland Security, Drug Enforcement Agency, Department of Housing and Urban Development, and the Veterans Administration. Current projects include the design and construction of two Border Patrol Stations and two Customs and Border Protection Checkpoints. Additional projects include real estate acquisition, procurement and administrative services for other agencies. The district also provides extensive planning and environmental services for various agencies throughout the district boundary.





THINGS TO DO

IN THE DFW METROPLEX AND TEXAS

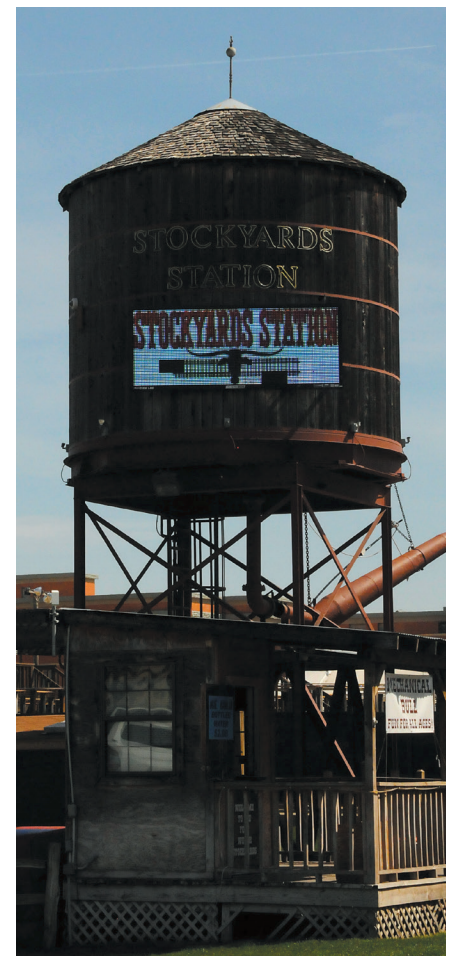
1. Adventure World Park
2. Amon Carter Museum of American Art
3. Arbor Hills Nature Preserve
4. Backwoods
5. Barbrook Park
6. Bishop Arts District
7. Bowman Springs Park
8. Buy some boots
9. Camp out at Enchanted Rock
10. Caverns of Sonora
11. Cedar Hill State Park
12. Cedar Ridge Preserve
13. Celebrate the Day of the Dead in San Antonio
14. Chestnut Square Historic Village
15. Clay Pigeon, Fort Worth, Texas
16. Cliff-jump into Jacob's Well
17. Compete in a chili cook-off
18. Cowtown Cattlepen Maze
19. Cowtown Cycle Party
20. Cowtown Segway Tours
21. CR Smith Museum
22. Cruise Route 66
23. Dallas Arboretum
24. Dallas Axe Throwing
25. Dallas Heritage Village at Old City Park
26. Dallas World Aquarium
27. Dallas Zoo
28. Deep Ellum Neighborhood
29. DFW Adventure Park
30. Diamond Loch Christmas Lights Display
31. Dinosaur Valley State Park
32. Discover Kayak
33. Do the River Walk
34. Dove Park
35. Dr Pepper Ballpark
36. Epic Waters Indoor Waterpark
37. Euless Greek Food-Fest
38. Fair Park
39. Float a river – Guadalupe, Comal, Brazos, Possum Kingdom Dam, San Marcos or Frio
40. Forest Park Miniature Trains
41. Fort Worth Botanic Garden
42. Fort Worth Museum of Science & History
43. Fort Worth Nature Center & Refuge
44. Fort Worth Stockyards National Historic District
45. Fort Worth Water Gardens
46. Fort Worth Zoo
47. Fossil Rim Wildlife Center
48. Founders Plaza Observation Area
49. Four Day Weekend
50. Get lost in Big Bend
51. Get serenity now at the Rothko Chapel
52. Globe Life Park in Arlington
53. Go to Austin, Texas' state capitol
54. Gondola Adventures, Inc.
55. Grapevine Botanical Gardens
56. Grapevine Vintage Railroad
57. Hamilton Pool Preserve in Dripping Springs
58. Heard Natural Science Museum
59. Hike to Gorman Falls
60. Historic Downtown Grapevine
61. Hurricane Harbor



THINGS TO DO IN THE DFW METROPLEX AND TEXAS



62. Ice skating in Gaylord
63. International Exotic Animal Sanctuary
64. Japanese Garden at the Fort Worth Botanical Garden
65. John F. Kennedy Memorial
66. Katy Trail
67. Kayak Caddo Lake
68. Keller Crawfish Krawl
69. Kimbell Art Museum
70. Klyde Warren Park
71. Live that astronaut life at The Lyndon B. Johnson Space Center
72. Log Cabin Village, Fort Worth, TX
73. Lone Star Park at Grand Prairie
74. Louis Tussaud's Palace of Wax and Ripley's Believe It or Not!
75. Main St. Fort Worth Arts Festival
76. Mayfest
77. McKinney Avenue Trolley
78. Mesquite Championship Rodeo
79. Metroplex BMX
80. Mockingbird Station
81. Modern Art Museum of Fort Worth
82. Moxley Manor Haunted House
83. Munster Mansion
84. Nancy Lee and Perry R. Bass Performance Hall
85. National Cowgirl Museum and Hall of Fame
86. National Scouting Museum
87. North Texas Lakes & Camping
88. Perot Museum of Nature and Science
89. Pho District, Fort Worth, Texas
90. Pioneer Plaza
91. Play Golf
92. Play in the bluebonnets
93. Possum Kingdom Lake
94. Rangers Ballpark
95. Reunion Tower
96. Ride the Katy Trail
97. River Legacy Park
98. Rockledge Park
99. Rosewood Mansion on Turtle Creek
100. Schlitterbahn Waterpark
101. Sid Richardson Museum
102. Six Flags Over Texas
103. Sixth Floor Museum at Dealey Plaza
104. Ski Angel Fire (MWR trips to N.M.)
105. Snider Plaza
106. South Padre Island
107. Southfork Ranch
108. State Fair of Texas
109. Sundance Square, Fort Worth, Texas
110. Tandy Hills Natural Area
111. Tater Tots & Beer Festival
112. Texas Discovery Gardens
113. Texas Motor Speedway
114. Texas Scottish Festival and Highland Games
115. The French Room Medieval Times
116. The McDonald Observatory in Davis Mountains State Park
117. The Old Red Museum of Dallas County History and Culture
118. Trinity Groves
119. Trinity Park
120. Two-step at a dance hall
121. Uptown/Knox-Henderson
122. Visit Austin's Congress Avenue Bridge which houses the world's largest urban bat colony
123. Visit the Alamo in San Antonio
124. Visit the world's tallest monument column, The San Jacinto Monument
125. West End Historic District
126. White Rock Lake
127. Woodshed Smokehouse
128. Zero Gravity Thrill Amusement Park
129. Zip Lines & Challenge Courses



RANKS

THE UNITED STATES MILITARY ENLISTED RANK INSIGNIA

	ARMY	NAVY COAST GUARD	MARINES	AIR FORCE
E1	Private	Seaman Recruit (SR)	Private	Airman Basic
E2	Private E-2 (PV2) 	Seaman Apprentice (SA) 	Private First Class (PFC) 	Airman (Amn) 
E3	Private First Class (PFC) 	Seaman (SN) 	Lance Corporal (LGpl) 	Airman First Class (A1C) 
E4	Corporal (CPL)  Specialist (SPC) 	Petty Officer Third Class (PO3) ** 	Corporal (Cpl) 	Senior Airman (SrA) 
E5	Sergeant (SGT) 	Petty Officer Second Class (PO2) ** 	Sergeant (Sgt) 	Staff Sergeant (SSgt) 
E6	Staff Sergeant (SSG) 	Petty Officer First Class (PO1) ** 	Staff Sergeant (SSgt) 	Technical Sergeant (TSgt) 
E7	Sergeant First Class (SFC) 	Chief Petty Officer (CPO) ** 	Gunnery Sergeant (GySgt) 	Master Sergeant (MSgt)  First Sergeant 
E8	Master Sergeant (MSG)  First Sergeant (1SG) 	Senior Chief Petty Officer (SCPO) ** 	Master Sergeant (MSgt)  First Sergeant 	Senior Master Sergeant (SMSgt)  First Sergeant 
E9	Sergeant Major (SGM)  Command Sergeant Major (CSM) 	Master Chief Petty Officer (MCPON) **  Fleet/Command Master Chief Petty Officer ** 	Master Gunnery Sergeant (MGySgt)  Sergeant Major (SgtMaj) 	Chief Master Sergeant (CMSgt)  First Sergeant  Command Chief Master Sergeant 
E9	Sergeant Major of the Army (SMA) 	Master Chief Petty Officer of the Navy (MCPON) and Coast Guard (MCPOCG) ** 	Sergeant Major of the Marine Corps (SgtMajMC) 	Chief Master Sergeant of the Air Force (CMSAF) 

ARMY — * For rank and precedence within the Army, specialist ranks immediately below corporal. Among the services, however, rank and precedence are determined by pay grade.

NAVY/COAST GUARD — * A specialty mark in the center of a rating badge indicates the wearer's particular rating.

** Gold stripes indicate 12 or more years of good conduct and are awarded every 4 years.

*** 1. Master chief petty officer of the Navy and fleet and force master chief petty officers.

2. Command master chief petty officers wear silver stars.

3. Master chief petty officers wear silver stars and silver specialty rating marks.

The U.S. Coast Guard is a part of the Department of Homeland Security in peacetime and the Navy in times of war. Coast Guard rank insignia are the same as the Navy except for color and the seaman recruit rank, which has one stripe.

E-1 THROUGH E-3 LEVELS

Service members in pay grades E-1 through E-3 are usually either in some kind of training status or on their initial assignment. The training includes the basic training phase where recruits are immersed in military culture and values and are taught the core skills required by their service component.

Basic training is followed by a specialized or advanced training phase that provides recruits with a specific area of expertise or concentration. In the Army and Marines, this area is called a military occupational specialty; in the Navy it is known as a rate; and in the Air Force it is simply called an Air Force specialty.

MID-LEVEL ENLISTED RANKS

Leadership responsibility significantly increases in the mid-level enlisted ranks. This responsibility is given formal recognition by use of the terms noncommissioned officer and petty officer. An Army sergeant, an Air Force staff sergeant, and a Marine corporal are considered NCO ranks. The Navy NCO equivalent, petty officer, is achieved at the rank of petty officer third class.

E-8 AND E-9 LEVEL

At the E-8 level, the Army, Marines and Air Force have two positions at the same pay grade. Whether one is, for example, a senior master sergeant or a first sergeant in the Air Force depends on the person's job. The same is true for the positions at the E-9 level. Marine Corps master gunnery sergeants and sergeants major receive the same pay but have different responsibilities. All told, E-8s and E-9s have 15 to 30 years on the job, and are commanders' senior advisers for enlisted matters.

A third E-9 element is the senior enlisted person of each service. The Sergeant Major of the Army, the Sergeant Major of the Marine Corps, the Master Chief Petty Officer of the Navy and the Chief Master Sergeant of the Air Force are the spokespersons of the enlisted force at the highest levels of their services.

THE UNITED STATES MILITARY OFFICER RANK INSIGNIA

	ARMY	NAVY COAST GUARD	MARINES	AIR FORCE
W1	Warrant Officer 1 (WO1) 	USN Warrant Officer 1 (WO1) 	Warrant Officer 1 (WO) 	NO WARRANT
W2	Chief Warrant Officer 2 (CW2) 	USN Chief Warrant Officer 2 (CW2) 	Chief Warrant Officer 2 (CW2) 	NO WARRANT
W3	Chief Warrant Officer 3 (CW3) 	USN Chief Warrant Officer 3 (CW3) 	Chief Warrant Officer 3 (CW3) 	NO WARRANT
W4	Chief Warrant Officer 4 (CW4) 	USN Chief Warrant Officer 4 (CW4) 	Chief Warrant Officer 4 (CW4) 	NO WARRANT
W5	Chief Warrant Officer (CW5) 	USN Chief Warrant Officer (CW5) 	Chief Warrant Officer 5 (CW5) 	NO WARRANT
O1	Second Lieutenant (2LT) 	Ensign (ENS) 	Second Lieutenant (2ndLT) 	Second Lieutenant (2d Lt)
O2	First Lieutenant (1LT) 	Lieutenant Junior Grade (LTJG) 	First Lieutenant (1stLT) 	First Lieutenant (1st Lt)
O3	Captain (CPT) 	Lieutenant (LT) 	Captain (Capt) 	Captain (Capt)

Officer ranks in the United States military consist of commissioned officers and warrant officers. The commissioned ranks are the highest in the military. These officers hold presidential commissions and are confirmed at their ranks by the Senate. Army, Air Force and Marine Corps officers are called company grade officers in the pay grades of O-1 to O-3, field grade officers in pay grades O-4 to O-6 and general officers in pay grades O-7 and higher. The equivalent officer groupings in the Navy are called junior grade, mid-grade and flag.

Warrant officers hold warrants from their service secretary and are specialists and experts in certain military technologies or capabilities. The lowest ranking warrant

	ARMY	NAVY COAST GUARD	MARINES	AIR FORCE
O4	Major (MAJ) 	Lieutenant Commander (LCDR) 	Major (Maj) 	Major (Maj)
O5	Lieutenant Colonel (LTC) 	Commander (CDR) 	Lieutenant Colonel (LtCol) 	Lieutenant Colonel (Lt Col)
O6	Colonel (COL) 	Captain (CAPT) 	Colonel (Col) 	Colonel (Col)
O7	Brigadier General (BG) 	Rear Admiral Lower Half (RDML) 	Brigadier General (BGen) 	Brigadier General (Brig Gen)
O8	Major General (MG) 	Rear Admiral Upper Half (RADM) 	Major General (MajGen) 	Major General (Maj Gen)
O9	Lieutenant General (LTG) 	Vice Admiral (VADM) 	Lieutenant General (LtGen) 	Lieutenant General (Lt Gen)
O10	General (GEN) Army Chief of Staff 	Admiral (ADM) Chief of Naval Operations and Commandant of the Coast Guard 	General (Gen) Commandant of the Marine Corps 	General (Gen) Air Force Chief of Staff
	General of the Army (Reserved for wartime only) 	Fleet Admiral (Reserved for wartime only) 	General of the Air Force (Reserved for wartime only) 	

officers serve under a warrant, but they receive commissions from the president upon promotion to chief warrant officer 2. These commissioned warrant officers are direct representatives of the president of the United States. They derive their authority from the same source as commissioned officers but remain specialists, in contrast to commissioned officers, who are generalists. There are no warrant officers in the Air Force.

Naval officers wear distinctively different rank devices depending upon the uniform they're wearing. The three basic uniforms and rank devices used are: khakis, collar insignia pins; whites, stripes on shoulder boards; and blues, stripes sewn on the lower coat sleeves.

SERVICE UNIFORMS

Table of Service Equivalent Uniforms

Event When Worn	USA	USMC	USN	USAF	USCG	Civilian Men	Civilian Ladies
Official formal and evening functions, state occasions, private and formal dinners or at occasions that are less formal requiring more formality than Service Uniforms *	<p>Army Blue Mess</p>  <p>or</p> <p>Army Service Uniform (ASU) w/ bow tie or with four-in-hand tie</p>  <p>picture is with four-in-hand tie</p>	<p>Evening Dress "A"/"B" ("A" white tie "B" black tie)</p>  <p>or</p> <p>Blue Dress "A"/"B" Year-round</p> <p>or</p> <p>Blue-White "A"/"B" Summer</p> <p>("A" w/ medals "B" w/ ribbons)</p> 	<p>Formal Dress (white tie)</p>  <p>or</p> <p>Dinner Dress Blue/White Jacket</p>  <p>or Dinner Dress Blue/White</p> 	<p>Mess Dress</p>  <p>or</p> <p>Service Dress</p> 	<p>Formal Dress Blue White Tie (not pictured)</p> <p>or</p> <p>Dinner Dress Blue/White Jacket Black Tie</p>  	<p>Formal Tuxedo, Bow Tie is Standard</p> <p>Formal or Semi-Formal Tuxedo or Dark Dinner Jacket **</p>	<p>Formal Cocktail or Evening Gown</p> <p>Formal or Semi-Formal Long or short evening dress or evening trousers with a dressy top **</p>
Parades, ceremonies, reviews, when special honors are being paid, official visits of US or foreign dignitaries *	<p>Army Service Uniform</p> 	<p>Blue Dress or Blue-White "A"/"B" ("A" w/ medals "B" w/ ribbons)</p> <p>(Service "A" may be worn if command directed)</p> 	<p>Full Dress Blue/White (ceremonial)</p>  <p>or Service Dress Blue/White</p> 	<p>Service Dress</p>  	<p>Full Dress Blue/White or Dinner Dress Blue/White or Service Dress Blue/White</p> 	<p>Informal, Smart or Business Casual Evening or Cocktail attire, Sunday Dress or Business suit or Pant suit **</p>	<p>Informal, Smart or Business Casual Evening or Cocktail attire, Sunday Dress or Business suit or Pant suit **</p>
Business and informal social occasions, uniform of the day, office work	<p>Army Service Uniform Class "B"</p> 	<p>Service "A"/"B"/"C"</p> 	<p>Service Khaki Year-round Summer White Summer</p> 	<p>Service Uniform "Blues"</p> 	<p>Tropical Blue Year-round or Winter Dress Blue Summer</p> 	<p>Informal, Smart or Business Casual Business Suit or Sport Coat w/out tie. Trousers with open collar shirt **</p>	<p>Informal, Smart or Business Casual Simple skirt or dress, slacks with jacket, pantsuit. Low or flat shoes acceptable **</p>



SERVICE UNIFORMS

Table of Service Equivalent Uniforms

Event When Worn	USA	USMC	USN	USAF	USCG	Civilian Men	Civilian Ladies
Working uniforms, daily work attire, or in a field or plant environment where soiling of clothing is expected	Army Combat Uniform (ACU) 	Utility 	Working Uniform 	Airmen Battle Uniform (ABU) 	Operational Dress 	Civilian Casual Slacks with open collar shirt or golf shirt, no sport coat **	Civilian Casual Slacks with blouse, Capri pants with sandals or flats **
	Operational Camouflage Pattern (OCP) 						

Note: This matrix is intended to serve as a guideline for appropriate attire. Each service uniform regulation has specific guidelines for wear. Some uniforms are optional, seasonal or required for specific pay grades only. Army White Mess and Air Force Formal Dress are not pictured.

- Army – AR 670-1
- Marine Corps – MCO P1020.34G
- Navy – United States Navy Uniform Regulation NAVPERS 15665I
- Air Force – AFI 36-2903
- Coast Guard – COMDTINST M1026.6F

Note: The wear-out date for the Army Combat Uniform (ACU) is 30 September 2019. Mandatory possession date for the Operational Camouflage Pattern (OCP) is 1 October 2019

Note: Uniforms may deviate from above matrix depending on event and/or directed by host or command

*If host indicates a certain dress, follow the host's intent.

**Determined by host, current fashion, local customs, time and type of event.

Please contact OCJCS Protocol at 703-697-6606 with any changes or updates.
As of January 2016

UNIFORMS



ARMY



IPFU Jacket: Sleeves will be down, not rolled or pushed up. Green or black fleece coat is not authorized to be worn with PFU/IPFU. Commanders may authorize long underwear and other items appropriate to weather conditions and type of activity. If Soldiers wear long underwear, they must conceal them with the sweatpants and/or the running jacket.

IPFU Sweat Pant: Legs will be pulled down and zipped to within one inch of bottom.

PTU/IPTU Shorts (with reflective material) and optional IPTU running shorts (without reflective material): The PTU/IPTU shorts waistband will rest at or within two inches of the natural waistline. The lining in the PTU/IPTU shorts may be removed. Short, mid and full length solid black or dark blue form fitting sportswear (i.e. spandex, lycra or elastic) may be worn and visible under both the PTU/IPTU and optional IPTU running shorts.

Short/Long-Sleeved IPFU Shirt: Short or long-sleeved shirt tucked into shorts or running pants at all times. Do not remove or cut sleeves.

Socks: Socks are mandatory. Socks will be white, calf or ankle length and will not have trademark logos.

Athletic Style Shoes: Athletic-style shoes are mandatory. There are no restrictions on the color of the athletic shoes.

Headgear: Green micro-fleece caps without logos/lettering in appropriate weather conditions deemed by the Commander. Bandanas and other similar headscarves/headgear not authorized unless due to medical waiver condition.

Gloves: Gloves will be black leather, knitted, tricot or suede, or a combination of leather, knitted, tricot and suede and without logos.

Reflective Belts: Reflective belts, armbands, etc. are required during periods of low light conditions when wearing optional running shorts (without reflective material) as part of PFU/IPFU. Reflective belts, armbands, etc. are optional when wearing combos of standard issues PFU/IPFU items that contain reflective material on top and bottom garments.

Scarves and Earmuff: Not authorized

Headphones and earphones (iPods, etc.): are authorized while in the fitness center or on designated running areas unless prohibited by the installation commander.

Grooming: All personal grooming standards apply while participating in physical fitness activities.

Customs and Courtesies: Render proper military customs and courtesies to honor the flag during reveille/retreat (come to full attention and rendering proper salute when outdoors). Saluting due to rank recognition is not required when wearing the PFU/IPFU.

General Considerations: Wear of PFU/IPFU is mandatory during unit physical training and during physical fitness testing on JB MDL. Commanders may authorize IPFU in immediate work area or place of detail as work and weather conditions warrant.

Commanders Guidance: When participating in organized PT, any combination of the PFU/IPFU items (shorts, T-shirt, pants and jacket) will be worn as a set and not mixed with civilian clothes. PFU/IPFU items are authorized for wear with conservative civilian/personal attire during individual/personal PT or while off-duty (e.g. PT shirt with personal shorts/pants, PT jacket with personal shirt/pants/shorts, etc.). No civilian/personal items with offensive wording, graphics or photos are to be worn with the IPFU items at any time. Commanders (or equivalent) will determine which PT events are "organized."

Pregnant Soldiers will wear the PFU or IPFU until the uniform becomes too small or uncomfortable. Pregnant Soldiers are authorized to wear the T-shirt outside the trunks. At no time will commanders require pregnant soldiers to buy larger PFU or IPFU in order to accommodate pregnancy. When the uniform becomes too small or uncomfortable, pregnant Soldiers may wear equivalent civilian workout clothes.

The only insignia authorized for wear on the PFU or IPFU is the physical fitness badge. When the physical fitness badge is worn, it is sewn on the upper left front side of the PFU and IPFU T-shirt and the PFU sweatshirt. On the IPFU running jacket, the insignia is sewn centered ½ inch above the word "Army." See AR 600-8-22 for criteria for wear of the physical fitness badge.



UNIFORMS



The Army Physical Fitness Uniform

Composition: The APFU consists of the following components

- a. Jacket, running, black and gold, with gold Army logo.
- b. Pants, running, black, with gold Army logo.
- c. Trunks, running, black, with "Army" in gold.
- d. T-shirt, black, short sleeve, with "Army" in gold.
- e. T-shirt, black, long sleeve, with "Army" in gold.
- f. Footwear.
- g. Socks.

Accessories: The following accessories are normally worn with the APFU.

- a. Gloves.
- b. Fleece cap, black

General Guidelines:

- a. Personnel wear the black micro fleece cap pulled down snugly on the head with the bottom edge covering the ears, but not covering the eyebrows. The bottom edge (all) of the cap may be folded, but not rolled.
- b. Commanders may authorize wear of commercial running shoes with calf-length or ankle-length, plain white or black socks (no logos). If worn, ankle-length socks must cover the entire ankle bone and calf-length socks will end at the middle point between the ankle and the knee. Shoes must accommodate all five toes in one compartment. Those shoes that feature five separate, individual compartments for the toes detract from a professional military image and are prohibited for wear with the APFU or when conducting physical training in a military formation.
- c. Commanders may authorize wear of utility gloves, reflective belts or vests, long underwear, and other items appropriate to the weather conditions and type of activity. If Soldiers wear long underwear or other similar items, they must conceal them from view with a running jacket and pants, if wearing the APFU.
- d. Soldiers are authorized to wear commercially-purchased black spandex shorts under the APFU shorts. The length of the shorts must end above the bottom of the shorts or higher. The commercial shorts must be plain, with no logos, patterns or obtrusive markings. Soldiers are not required to buy the spandex shorts.
- e. When Soldiers wear the APFU as a complete uniform, they will keep the sleeve down on the jacket, the legs down on the pants, and they will tuck the t-shirt inside the trunks. Soldiers may not roll or push up the sleeves of the APFU jacket or long-sleeved shirt. Soldiers may not cuff the APFU jacket sleeved or long-sleeved shirt. There are no restrictions on the combination of APFU items worn, unless the commander has prescribed a particular combination for formation. APFU clothing bag items and APFU option purchase items may be mixed and worn together at the same time.
- f. The APFU is a clothing bag item, which will replace the IPFU. Each item of the APFU is identified with a national stock number and a Defense Logistics Agency Troop Support contract number printed on the label and sewn into the garment. If the label does not contain this information, the garment is not an authorized garment. Optional purchase APFU items may be worn in lieu of issued APFU, provided the garment is produced by a Natick certified manufacturer and includes the following certification statement printed onto the garment: "This garment is warranted to meet or exceed the standards of this Purchase Description UQC XXX and was produced under Certificate No. from basic material and controlled components warranted by the manufacturer to have been produced in accordance with the sample under current certificate."
- g. Pregnant Soldiers will wear the APFU until the uniform becomes too small or uncomfortable. Pregnant Soldiers are authorized to wear the t-shirt outside the trunks. At no time will commanders require pregnant Soldiers to purchase a larger APFU to accommodate the pregnancy. When the uniform becomes too small or uncomfortable, pregnant Soldiers may wear equivalent civilian workout clothes.

UNIFORMS



NAVY



Short/Long-Sleeved PTU Shirt: Gold, 100% polyester with anti-microbial and moisture wicking materials and a crewneck collar. It is of loose fit design in unisex sizing. Contains the word "NAVY" in reflective 1½" capital letters affixed to the upper left front side and upper center back of the shirt in 3" capital letters. Wear right side out, front of shirt to front of body with sleeves rolled down.

PTU Sweatshirt: The Navy Sweat Shirt is navy blue, 50/50 cotton/polyester blend (hooded or crew neck), with reflective Navy lettering outlined in gold on the back and reflective Navy lettering and Navy Seal outline in gold on the front. The Navy Sweat Shirt may be optionally worn with the PTU during command directed group/unit PT and will be worn outside of the sweat pant.

Pant, Sweat, Navy: The sweat pant is navy blue, 50/50 cotton/polyester blend, with reflective lettering vertically outlined in gold outboard on each pant leg. The Navy Sweat Pant may be optionally worn with the PTU during command directed group/unit PT and will be worn squarely on the waist with both pant legs fully extended.

PTU Shorts: Navy blue, with 100% nylon shell and 100% polyester (with moisture wicking and odor-resistant) liner. Elastic and drawstring waistband with two side pockets (one on each side) and one hidden elastic ID card pocket attached to the waistband of the inside liner. The shorts also contain the word "NAVY" in reflective 1½" capital letters affixed to the front left leg. Shorts come in various unisex sizes with either a 6" or 8" leg length. Shorts will be worn fully on the waist.

Socks: Made of undecorated, plain or ribbed, cotton, polyester, or lycra, or any combination of those knitted materials. Socks shall not extend above mid-calf. Low cut socks are authorized. Solid white or black in color. Wear right side out.

Shoes: Low or high-cut commercial brand athletic shoe designed to support planned exercise. Shoes should be comfortable and support the planned exercise; color is optional and all fasteners closed.

Minimalist footwear: Minimalist footwear is defined as shoes that allow the foot to function naturally without providing additional support or cushioning. Any shoe that is marketed as minimalist or barefoot-like footwear (current types such as the - Vibram five fingers, Nike free shoes, Vivo barefoot shoes, Inov-8 shoe, and FeelMax) are authorized for wear with the PTU.

Headphones/earphones: (iPods, etc.) are authorized while in fitness centers or on designated running areas only.

Grooming: All personal grooming standards apply while participating in physical fitness activities with one exception: long female hair will be secured but may have loose ends and may extend below the collar; i.e., ponytails.

Customs and Courtesies: Render proper military customs and courtesies to honor the flag during reveille/retreat (come to full attention). Saluting due to rank recognition is not required when wearing the PTU.

General Considerations: The PTU is designed primarily for group/unit physical training activities and the semi-annual Physical Fitness Assessment (PFA); however, it can be worn both on and off base for fitness and/or leisure unless determined otherwise by regional coordinators or Commanding Officers.

a. In-port and when performing command directed "group/unit" physical training activities, semi-annual PFA (to include Body Composition Assessment (BCA) and Physical Readiness Test (PRT)), the PTU shirt will be tucked into the shorts. Shorts will be worn fully on the waist. The length of the shorts will not extend below the top of the knee. Running shoes will be comfortable and support the planned exercise. Athletic socks must be worn and shall not extend above mid-calf. Low cut socks are permitted. Pregnant Sailors will wear the shirt out and will discontinue wearing the PTU when it becomes too tight. Female Sailors will wear a sport or dress brassiere when wearing the PTU. Additional undergarments are authorized for all hands.

b. At sea, the wearing of the PTU will be at the discretion of the Commanding Officer. Requirements for female Sailors remain as stated whether wearing the PTU or other personal fitness attire.

c. During individual PT, shirts may be worn in or out of shorts. All other requirements are the same as "in-port."

d. While on liberty, components of the PTU are authorized to wear Individually or collectively. The PTU will not be worn while in a duty status or when conducting official business on base (e.g., PSD's, Medical treatment facilities, galleys, legal).

e. The PTU is not authorized to be worn in lieu of the working, service, or dress uniform while in a limited or light duty status.

f. Optional components are provided for additional comfort and support. Long sleeved PTU shirts and/or navy knit watch caps are authorized when weather conditions warrant. Compression shorts/modesty liners are authorized but must not be visible while standing and will be either black or navy blue in color.

g. In all cases, the PTU will be worn in such a manner so as to reflect credit upon the Navy and the individual wearing the PTU.



UNIFORMS



U.S. AIR FORCE

AIR FORCE



U.S. AIR FORCE

PTU/IPTU Jacket: Jacket zipped at least halfway between the waistband and collar. Sleeves end within 1 inch of wrist. Green or black fleece coat is not authorized to be worn with PTU/IPTU. Do not mix/match PTU/IPTU running suit jacket and running suit pants. All other combinations authorized.

Short/Long-Sleeved PTU/IPTU Shirt: Short or long-sleeved shirt tucked into shorts or running pants at all times. Do not remove or cut sleeves. Short or long-sleeved white or light gray form fitting undershirts, (i.e. spandex, lycra or elastic material) may be worn and visible under short or long-sleeved PTU/IPTU shirt. Undershirt must be tucked in.

IFPU Sweatshirt: Sweatshirt extends no lower than six inches below natural waist line. Do not push up, remove or cut sleeves.

PTU/IPTU Running Pant: Waistband rests at or within two inches of natural waistline. Both pant legs extend below ankles and zipped to within one inch of bottom.

PTU/IPTU Shorts (with/without reflective material): PTU/IPTU shorts waistband rests at or within two inches of natural waistline. Lining in PTU/IPTU shorts may be removed. Short, mid and full length solid black or dark blue form fitting sportswear (i.e. spandex, lycra or elastic) may be worn visibly under both the PTU/IPTU and optional IPTU running shorts.

Reflective Belts: Reflective belts, armbands, etc. are required during periods of low light conditions when wearing optional running shorts (without reflective material) as part of PTU/IPTU. Reflective belts, armbands, etc. are optional when wearing combos of standard issue PTU/IPTU items that contain reflective material on top and bottom garments.

Socks: Socks are mandatory. Socks will be white and may have small trademark logos.

Athletic Style Shoes: Athletic style shoes are mandatory. There are no restrictions on the color or the athletic shoes.

Headgear: Knit watch caps will be plain black, dark blue or sage green without logos/lettering. Solid black or dark blue baseball/sport caps (w/optional AF logos/lettering) are authorized during individual PT and shall be worn outdoors only. Bandanas and other similar headscarves/headgear not authorized unless due to medical waiver condition.

Gloves: Gloves will be black or dark blue leather, knitted, tricot or suede, or a combination of leather, knitted, tricot, and suede and without logos.

Scarves and Earmuff: Scarved will be black or dark blue, all wool or cotton simplex, with or without napped surface, and less than 10 inches in width. Earmuffs will be solid, black or dark blue, made of any material and may wrap around either top/rear of head.

Headphones and earphones: (iPods, etc.) are authorized while in the fitness center or on designated running areas unless prohibited by the installation commander.

Grooming: All personal grooming standards apply while participating in physical fitness activities with one exception: long female hair will be secured but may have loose ends and may extend below the collar; i.e., ponytails.

Customs and Courtesies: Render proper military customs and courtesies to honor the flag during reveille/retreat (come to full attention and rendering proper salute when outdoors). Saluting due to rank recognition is not required when wearing the PTU/IPTU.

General Considerations: Wear of PTU is mandatory during unit physical training and during physical fitness testing on JB-MDL. Commanders may authorize PTU in immediate work area or place of detail as work and weather conditions warrant.

When participating in organized PT, any combination of the PTU/IPTU items (shorts, T-shirt, pants and jacket) will be worn as a set and not mixed with civilian clothes. PTU/IPTU items are authorized for wear with conservative civilian/personal attire during individual/personal PT or while off-duty (e.g. PT shirt with personal shorts/pants, PT jacket with personal shirt/pants/shorts, etc.). No civilian/personal items with offensive wording, graphics or photos are to be worn with the PTU/IPTU items at any time.

*Note: Commanders (or equivalent) determine which PT events are "organized."



UNIFORMS



MARINES



The following physical training uniform guidance is taken from MCO P1020.34G.

1. The standard physical training (PT) uniform consists of the green general purpose trunks and the standard olive green undershirt. Footwear or headgear with PT uniforms will be as prescribed by the commander.
2. The cold weather PT uniform consists of an olive green sweat shirt and olive green sweat pants, with "USMC" lettering and Marine Corps emblem on the left breast of the shirt and upper left leg of the pants. This uniform may be prescribed for unit physical training when the weather requires.
3. The Marine Corps running suit is comprised of a green jacket and trousers with reflective piping material and inserts, a silver Marine Corps emblem on the left breast of the jacket and upper left thigh of the trousers. There is a scarlet and gold "USMC" on the front of the lower right trouser leg and a scarlet and gold "MARINES" on the upper back portion of the jacket. The uniform is meant to be worn in combination with the existing physical training (PT) uniforms, except as indicated below.
4. The standard, Marine Corps running suit or cold weather PT uniform will be prescribed for all command PT activities except on those specific occasions when the commander determines that the wear of shirts with unit distinct markings, or when the modified wear of another uniform or other clothing is more appropriate to the respective unit's physical training objective.
 - a. Except for the conduct of physical training, PT gear is not authorized for wear during leave and liberty (to include green undershirt and shorts), with the below two exceptions.
 - (1) The sweatshirt may be worn during leave and liberty as an outer garment or as a layering garment (e.g. under a jacket).
 - (2) The running suit jacket may be worn during leave and liberty as an outer garment. When worn on leave and liberty, the jacket must be zipped at least halfway to the top of the zipper.
 - b. The running suit can be worn in any combination with the green general purpose trunks and green undershirt, but is not authorized for wear in any combination with the sweat suit.



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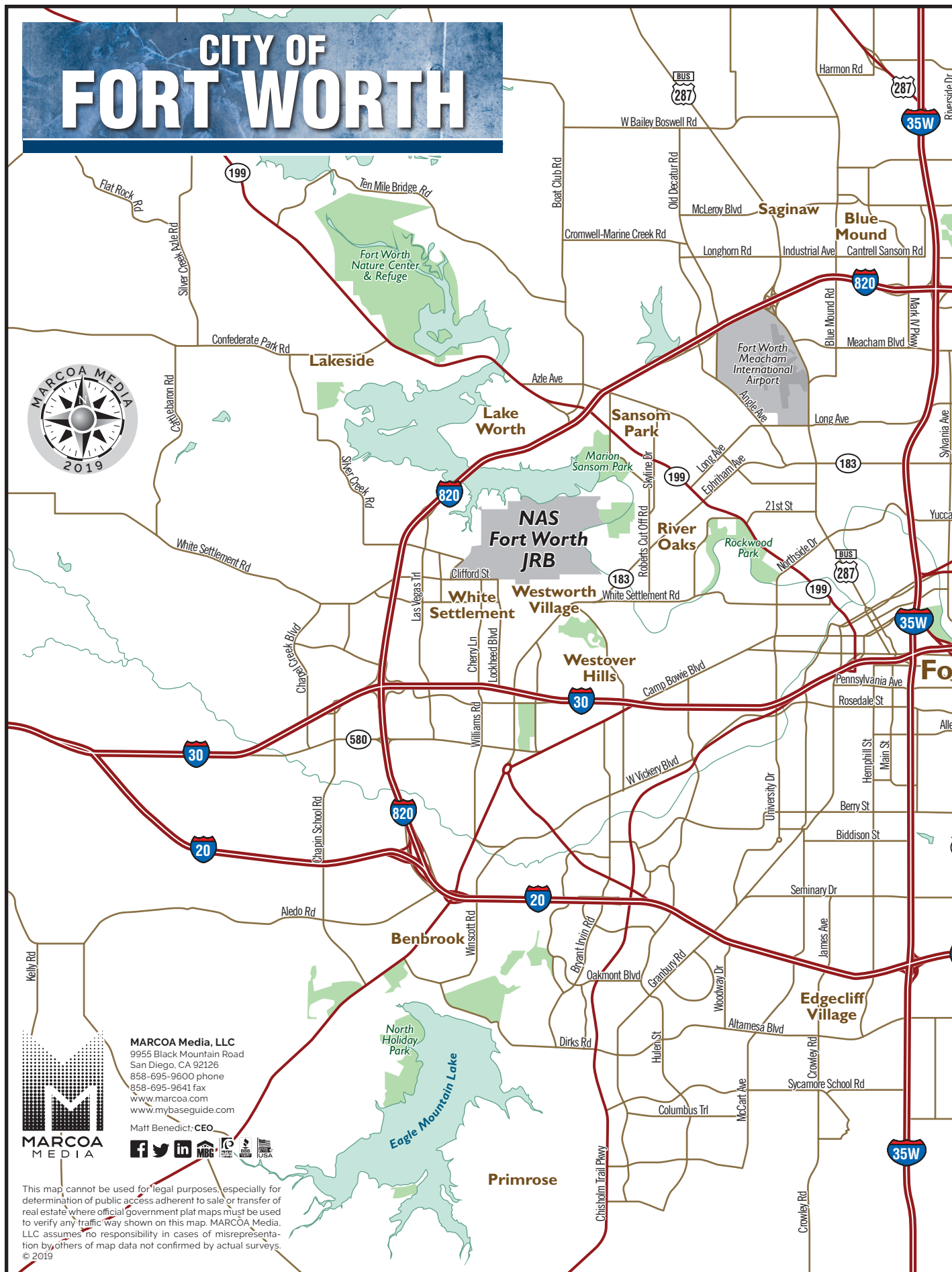


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Strengthening our Military Family.

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The Armed Services YMCA is a non-profit 501 (c) (3) and its mission is to enhance the lives of military members and their families in spirit, mind and body through programs relevant to the unique challenges of military life.

We focus on serving junior enlisted service members and their families through 34 branches, located near or on 59 of the largest military installations in the country. We provide services at more than 200 locations with a small number of paid employees and 10,000+ volunteers donating 112,000+ hours to 500,000+ troops and their family members in 2015.

Our Programs, Services, and Events

In coordination with the Department of Defense and installation commands, we work closely to identify gaps in programs and services. Programs are tailored to help cope with the realities of military life, including the stress of having a loved one deployed, additional childcare responsibilities and increased financial burdens. Healthy families contribute substantially to the success of the military and defense community during peacetime and more importantly, in times of combat. The Armed Services YMCA promotes strong kids, families and communities through our many support services.

The following are a few examples:*

Youth Development

- After school programs
- Aquatic Classes
- Before and After School Care
- Child Care
- Children Playgroups
- College Scholarships
- Field Trips
- Kids Olympics
- Operation Hero
- Parent and Me Classes
- Pre-School
- Soap Box Derby
- Summer Camp
- Supplemental Home School
- Teen Programs
- Youth Fishing Derby

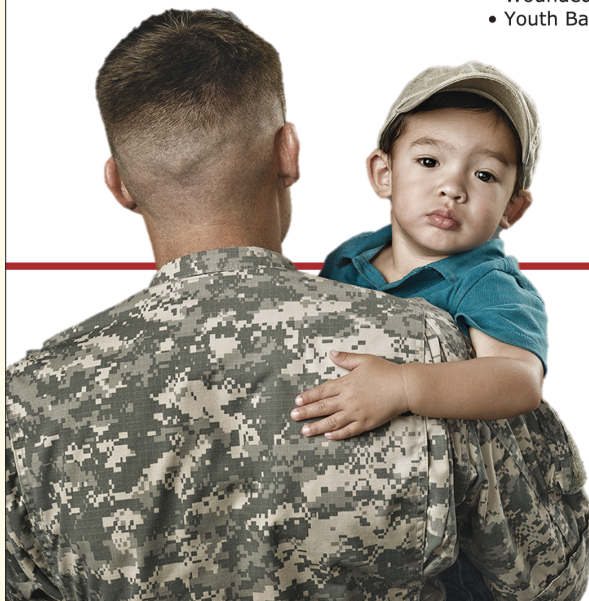
Healthy Living

- Baby Contest
- Bible Study
- Christmas You Missed
- Family Meals
- Fitness Classes
- Food Pantries or Emergency Food Assistance
- Healthy Kids Day
- Kids Cooking
- Military Family Outreach
- Military Family Recognition
- NICU Reunion
- Operation Kid Comfort
- Parent/Child Dances/Teas
- Programs for Children with Special Needs
- Recreation Therapy
- Spouse Activities
- Summer Food for Children
- Troop Fishing Trips
- Trunk or Treat
- Wounded Warrior Support
- Youth Basketball

Social Responsibility

- Activate America
- Airmen Against Drunk Driving
- Airport Lounges
- Baby Bundles
- Emergency Financial Assistance
- Formal Attire Loan/Giveaway
- Give Aways, Tickets
- Guardian Angel
- Holiday Activities; Food and Gift Assistance
- Infant Car Seat
- Local Community Outreach
- Military Readiness Group Support
- Military Unit Support
- Operation Ride Home
- Social Work
- Teddy's Child Watch
- Thrift Store (free or for pay)
- Transition Assist
- Transportation
- Volunteer Development
- Washers and Dryers for Airmen
- Welcome Centers
- Y on Rails

**Not all programs, services and events are available in all locations.*



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Altus AFB Family Support Center
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Joint Base Elmendorf-Richardson, AK 99506
Physical address: 10449 Luke Ave., JBER, AK 99506

Camp Pendleton, California

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FB # 430, NC 28314-1532

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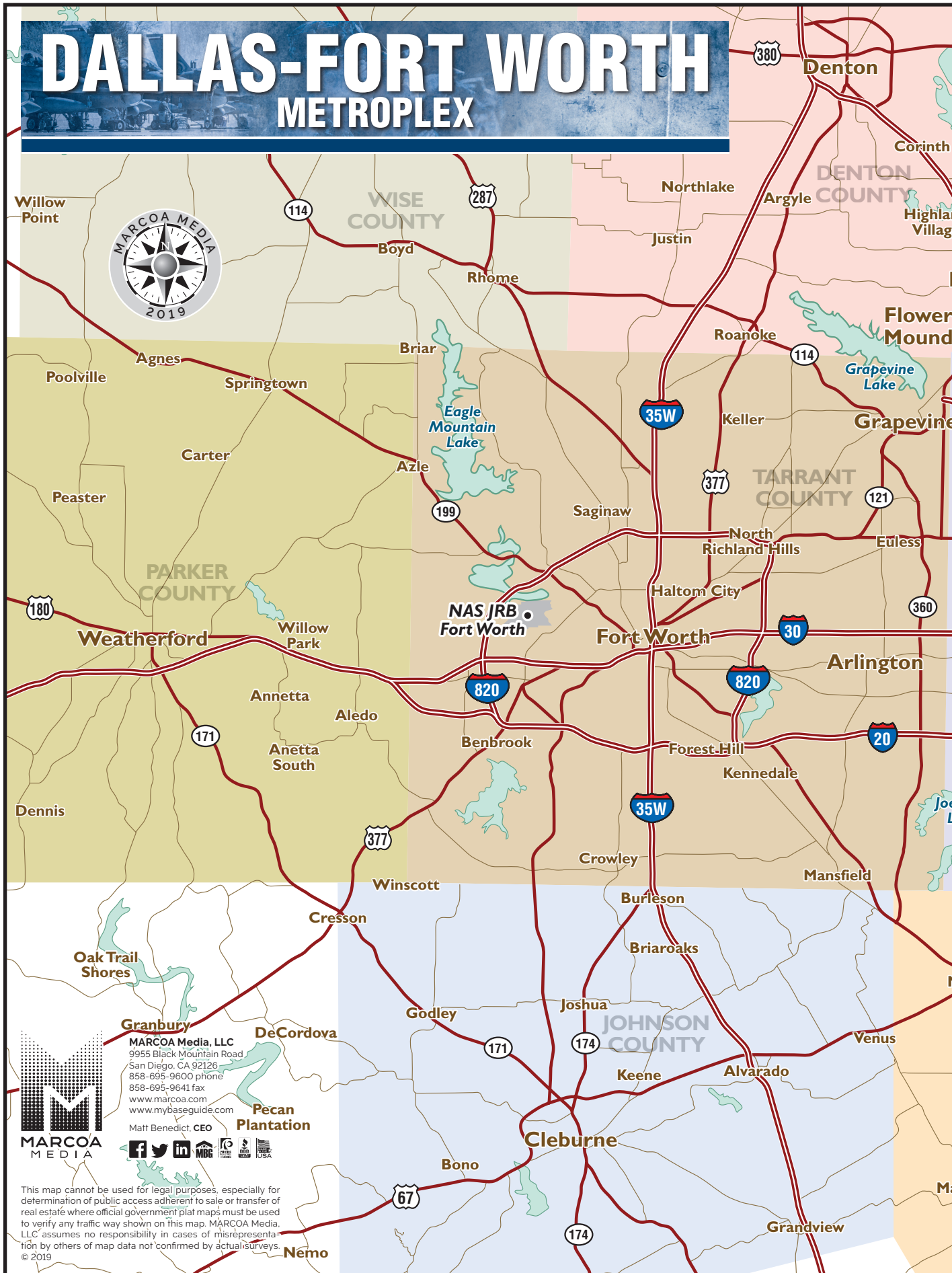
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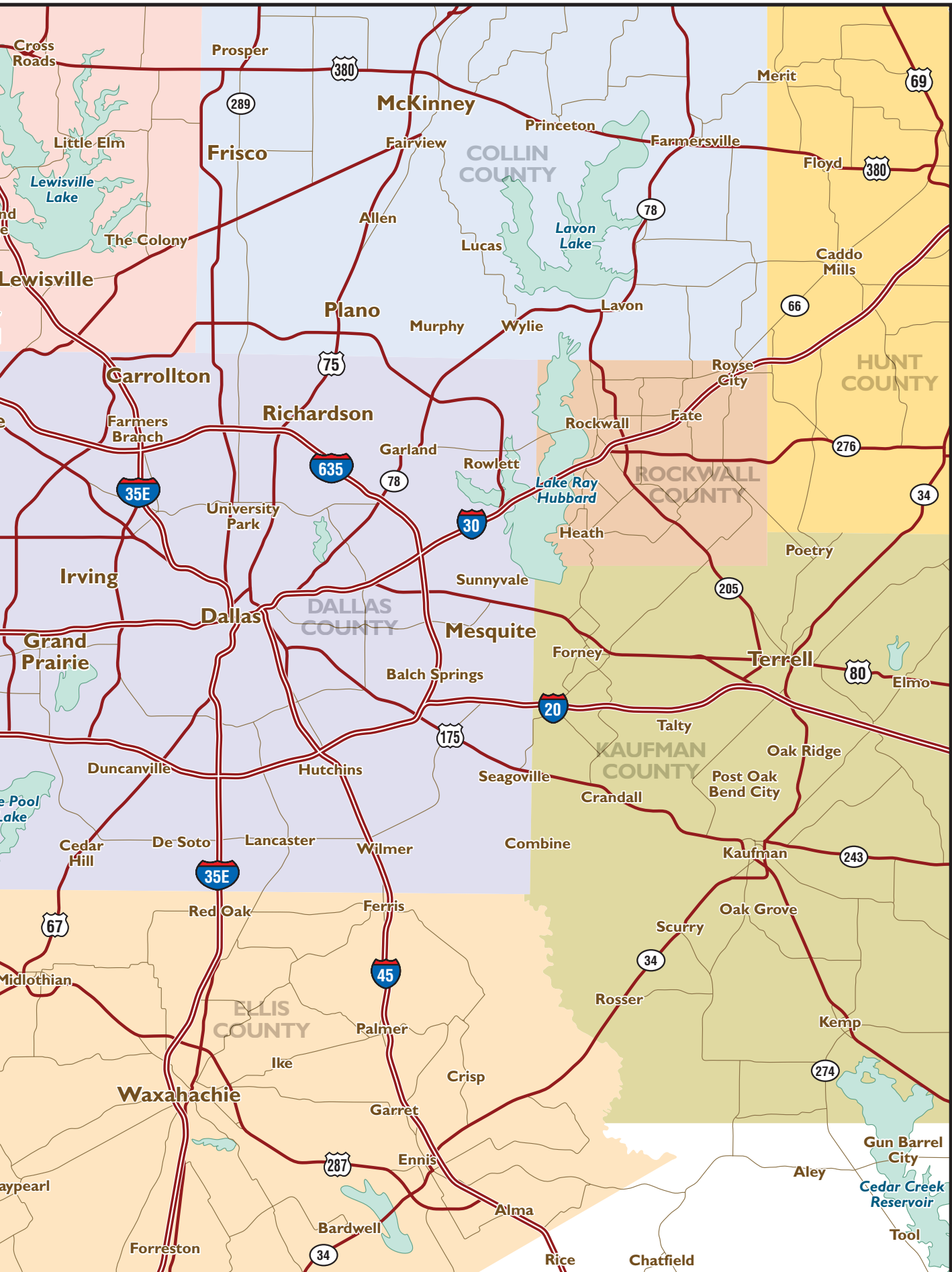
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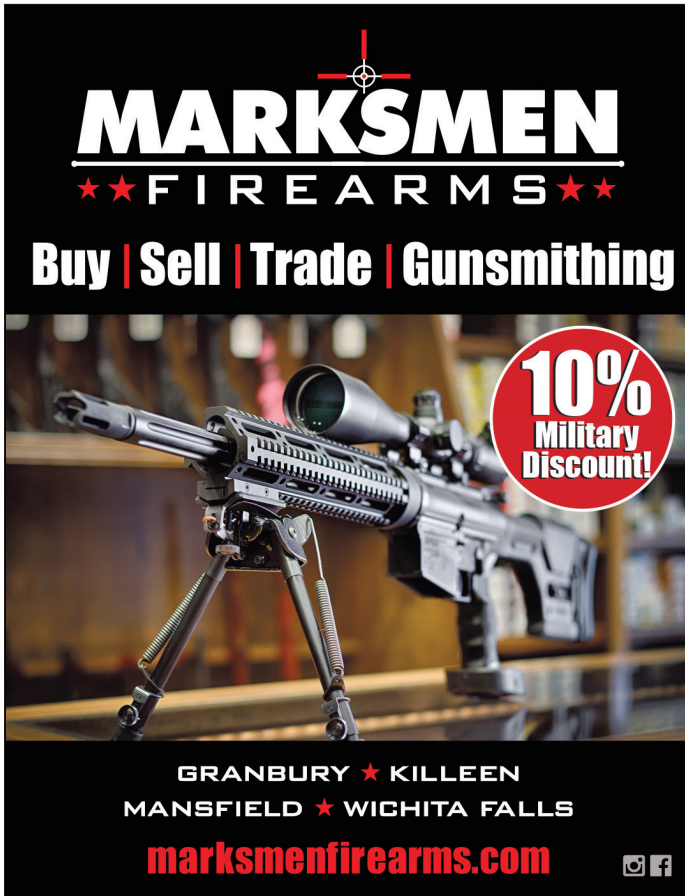
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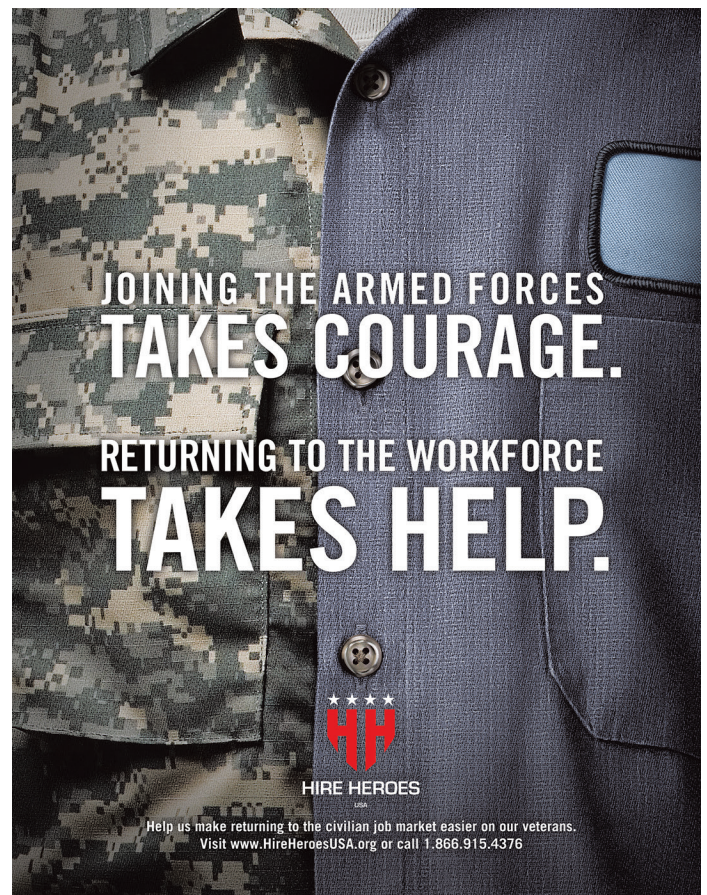
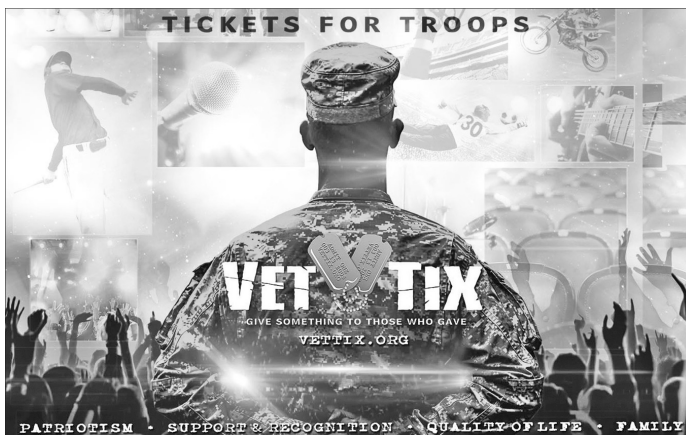
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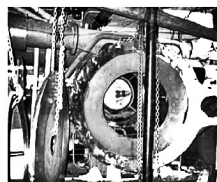
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